

2002年1月30日(星期三)  
立法會會議席上  
劉千石議員就“僱員休息時間及休息日”  
提出的議案

**議案措辭**

“現時大部分僱員在其工作時間內均沒有休息時段，部分甚至沒有用膳時段，而僱主要求僱員在休息日工作的情況亦日趨普遍，此舉不僅損害僱員的身心健康、增加發生意外和患職業病的機會，同時亦減低工作效率；為此，本會促請政府立法規定僱主須讓僱員在工作時間內享有合理的休息和用膳時間，並檢討現行勞工法例，以確保僱員享有休息日的權利。”

(Translation)

**Motion on “Rest time and rest days for employees”  
to be moved by Hon LAU Chin-shek  
at the Legislative Council meeting  
on Wednesday, 30 January 2002**

**Wording of the Motion**

“That, as most employees currently do not have rest breaks — some even have no meal breaks, during their working hours, and it has become increasingly prevalent for employers to require their employees to work on rest days, which harms employees’ mental and physical health, increases the occurrence of accidents and the contracting of occupational diseases, and also reduces work efficiency, this Council urges the Government to stipulate by legislation that employers should provide their employees with reasonable rest and meal breaks during working hours, as well as to review the existing labour laws with a view to ensuring that employees enjoy the right to have rest days.”