

Nutrient Declarations on Nutrition Labelling by Different Region / Country

Region / Country	Mandatory Nutrition Labelling with Nutrient-related Claims	Mandatory Nutrition Labelling	Energy, Protein, Carbohydrate, Fat	Saturated Fat	Sodium	Sugars	Dietary Fibre	Cholesterol	Other Nutrients	No. of Nutrients Required for Listing
Codex	1985; revised in 1993 & 2003	-	✓							4
U.S.A.	1973	1994	✓	✓	✓	✓	✓	✓	Fat calories; Vitamin A; Vitamin C; Iron; Calcium; Transfat (2006)	14 15 (2006)
Malaysia	1985 [Special purpose foods; Fortified foods]	2003	✓							4
Australia & New Zealand	1987 (Australia)	2002	✓	✓	✓	✓				7
Canada	1988	2006	✓	✓	✓	✓	✓	✓	Vitamin A; Vitamin C; Iron; Calcium; Transfat	14
EC	1990	2003 [under review]	✓	(✓)	(✓)	(✓)	(✓)			8
Singapore	1993	~ 2008	✓	[✓]	[✓]		[✓]	[✓]		8
Japan	1995	2003	✓		✓					5
HK (Proposed)	-	-	✓	✓	✓	✓	✓	✓	Calcium	10

(✓) EC – If a nutrient-related claim is made for saturated fat, sodium, sugars or dietary fibre, the content of all these nutrients must be declared on the label.

[✓] Singapore – "A handbook on Nutrition Labelling (Singapore)" was issued in 1998. In addition to energy, protein, carbohydrate and fat, it recommends listing of saturated fat, sodium, dietary fibre and cholesterol. It is expected that further regulations may be imposed in 2008.