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Dear Chairman and LegCo Members,

**HON TREASURER**

Dr LAU Ho Lim

義 務 司 庫  
劉 浩 濂

Tobacco smoke contains over 4,000 chemicals and over 50 of them are carcinogens. Nicotine also stimulates our central nervous system and causes addiction. It also increases our chance of getting heart diseases. The top five leading causes of death in Hong Kong are all caused by smoking.

**IMMEDIATE PAST  
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Dr Gene W W TSOI

當 然 會 董  
蔡 惠 宏

Secondhand smoke carries the same hazard as smoking. The more the cigarette a smoker smokes, the higher the chance his/her spouse gets cancer. Worker exposes to secondhand smoke has 16-19% higher chance to get lung cancer than those works in smoke-free workplace. Even in young people, harmful substances in secondhand smoke altered vascular properties. Second hand smoke damages blood vessels in brain and increases the chance of stroke mortality by 49%. Children of parents who smoke have a higher chance of otitis media and respiratory diseases. If there are two or more smokers at home, a baby will have a 30% higher chance to get hospitalized.

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As family physicians, we provide holistic and continuous care for our patients and their families. It is indeed disheartening to see their health under threat due to tobacco. Tobacco control is therefore of utmost importance. It is the most preventable cause of death today. The College of Family Physicians therefore fully supports any measure that helps to curb the tobacco epidemic.

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