

**Panel on Environmental Affairs Subcommittee on Improving Air Quality  
Meeting, 28 January 2011**

**HKU Study on Impact of Loss of Visibility on Mortality risks: A Report of  
Regional and Global Importance**

Anthony J Hedley on behalf of Environmental Research Group, School of  
Public Health, University of Hong Kong

- 1 Title                      Thankyou chairman. Good morning honorable legislators. Thank you for asking us, on behalf of our colleagues in the School of Public Health to address the issue of Hong Kong's serious threat to community health from air pollution.
- 2                              We will take a focussed public health approach to this and present our new analyses on the association between daily visibility and daily deaths. We did this analysis to facilitate public understanding of environmental health risks and to correct some previous misleading public statements about the causes of our lost visibility.
- 3 Slide of                      What you see is what you breathe; this obscured view across harbour                      the harbour is now part of our lifestyle and potential threat to health. Visibility from Central this week has been as low as 4.8 kilometres or less.
- 4 Slide of hazy                      The HKO records of hazy days are the most obvious days                      manifest evidence of the degradation of our environment. We have sat and watched this curve emerge over 30 years and accelerate over the last 10 years. Exposure to the toxic chemistry of our air is 100% and we have asked the question: is this curve a signal of a long term epidemic of ill-health?
- 5 Slide of                      We have very good quality data in Hong Kong which allows statistical                      us to quantify the relationship between daily visibility from model                      the Observatory and registered causes of daily deaths from the Census and Statistics Department.  
  
In our analysis, in addition to daily visibility, we have included many other factors which may affect both daily mortality and visibility, including:

temperature  
humidity  
days of the week  
influenza epidemics  
SARS epidemic

We use this information to determine the relationship between daily visibility and daily death counts. The output of this analysis gives us the attributable, (that is the excess or potentially avoidable), deaths associated with each kilometre loss of visibility.

- 6    How far can we see on a clear day?    From our department in the medical school, on a clear day, the horizon would be at about 30 kilometres; Cheung Chau 11km, Lamma Island 3km.
- The mean visibility during the last 24 months has been about 12.6km, a loss of 17.4km from a clear horizon; so how does that impact on the daily risk of dying in the SAR?
- 7    What is the annual mortality impact of visibility loss?    Here in the first column we have Observatory estimates of visibility; in the second column the estimated annualized deaths for a given loss of visibility and for comparison EPD monitored particulate levels for these different levels of visibility. At Hong Kong's average 12.6km mean visibility we estimate 1,200 avoidable deaths on average each year. Note that the WHO guideline is quite conservative; there is no threshold and we estimate that there are possible deaths at this level.
- In the cool season the attributable daily death rates will be much higher on the typically low visibility highly polluted days in that period.
- 8    Hong Kong's Air Quality exceeds WHO safety limits    Why does Hong Kong have this serious environmental health problem? This slide summarises the evidence. First, we should note at EPD general monitoring stations our pollutants are 40% to 140% above WHO limits.
- At the roadside stations we are 100% to 195% in excess of WHO minimum safety limits. These exceedances are a cost on current and future child health, the burden of heart and lung disease, premature deaths and health care costs.



several recently published scientific articles on the harm caused by NO<sub>2</sub> to pregnant mothers, infants and children, and the risks of asthma and cancer. We might ask who in government is responsible for this important area of environmental risk assessment?

- 13                    There are many reasons why we should care about loss of visibility. To these we can now add a pyramid of health effects:

deaths  
hospital admissions  
doctor visits  
psychological impacts

and overall impairment of quality of life.

illness is associated with loss of productivity and education through work and school absenteeism.

and members will be aware of other concern about Hong Kong as a business centre and tourist destination.

- 14    A silent epidemic                    So we suggest that our findings are important for several reasons and here are two more:

First, the visibility – mortality relationship is a more valid health risk indicator than the current outdated government API.

Lack of accountability                    Second we need this approach to environmental accountability because you will never hear the Environment Minister or Director EPD referring to our daily problem of pollution attributable deaths. The Food and Health Minister and Director of Health are held accountable for infectious disease outbreaks, but who is responsible, who is accountable for the massive epidemic of illness caused by pollution? Remember the deaths are only tip of the iceberg.

It is a “silent epidemic” and no one in government is formally responsible for estimating, recording and publishing pollution damage to population health in the HKSAR.

15

### **Need for a cohesive strategy**

In this presentation we have been highly critical of EPD, and we regret having to take that position but forced to do so because EPD rejects WHO criteria as the explicit regulatory control measure. But equally, honorable members, we are aware that Legco rejects EPD proposals for controls on old polluting vehicles. While this is done on the grounds that it affects livelihoods we need to recognize that every polluting vehicle is a cause of impaired lung growth in children, illnesses and death across the population.

16

### **Conclusions**

- Every kilometre reduction in visibility causes 70 additional deaths per year: a total of 1,200 in 2010..
- Visibility has *face validity* and *scientific validity* as a measure of health risks from pollution.
- We urge both government and Legco to adopt urgent, radical and effective measures to reduce local sources of pollutants.

Our analysis has clear implications for public health policy and is a call for immediate action to protect the health of Hong Kong.



# Daily visibility and mortality: Assessment of health benefits from improved visibility in Hong Kong

Thuan-Quoc Thach<sup>a</sup>, Chit-Ming Wong<sup>a,\*</sup>, King-Pan Chan<sup>a</sup>, Yuen-Kwan Chau<sup>a</sup>, Yat-Nork Chung<sup>a</sup>, Chun-Quan Ou<sup>b</sup>, Lin Yang<sup>a</sup>, Anthony J. Hedley<sup>a</sup>

<sup>a</sup> School of Public Health, The University of Hong Kong, 5th Floor, Li Ka Shing Faculty of Medicine Building, 21 Sassoon Road, Hong Kong, China

<sup>b</sup> Department of Biostatistics, Southern Medical University, Guangzhou, China

## ARTICLE INFO

### Article history:

Received 18 November 2009

Received in revised form

3 May 2010

Accepted 6 May 2010

Available online 2 June 2010

### Keywords:

Visibility

Mortality

Air pollution

Time series

Hong Kong

## ABSTRACT

Visibility in Hong Kong has deteriorated significantly over 40 years with visibility below 8 km in the absence of fog, mist, or precipitation, increasing from 6.6 days in 1968 to 54.1 days in 2007. We assessed the short-term mortality effects of daily loss of visibility. During 1996–2006, we obtained mortality data for non-accidental and cardiorespiratory causes, visibility recorded as visual range in kilometers, temperature, and relative humidity from an urban observatory, and concentrations of four criteria pollutants. A generalized additive Poisson regression model with penalized cubic regression splines was fitted to control for time variant covariates. For non-accidental mortality, an interquartile range (IQR) of 6.5 km decrease in visibility at lag 0–1 days was associated with an excess risk (ER%) [95% CI] of 1.13 [0.49, 1.76] for all ages and 1.37 [0.65, 2.09] for ages 65 years and over; for cardiovascular mortality of 1.31 [0.13, 2.49] for all ages, and 1.72 [0.44, 3.00] for ages 65 years and over; and for respiratory mortality of 1.92 [0.49, 3.35] for all ages and 1.76 [0.28, 3.25] for ages 65 years and over. The estimated ER% for daily mortality derived from both visibility and air pollutant data were comparable in terms of magnitude, lag pattern, and exposure–response relationships especially when using particulate matter with aerodynamic diameter  $\leq 10 \mu\text{m}$  to predict the mortality associated with visibility. Visibility provides a useful proxy for the assessment of environmental health risks from ambient air pollutants and a valid approach for the assessment of the public health impacts of air pollution and the benefits of air quality improvement measures in developing countries where pollutant monitoring data are scarce.

© 2010 Elsevier Inc. All rights reserved.

## 1. Introduction

Loss of visibility is an easily measured manifestation of air pollution, arising from a loss of contrast between the object and the background and attenuation of the light signal from the object due to scattering and absorption of light by fine particulates and gaseous pollutants (Sloane and White, 1986). In urban areas, it is regarded as a primary index of ambient air quality (Watson, 2002).

**Abbreviations:** Ages  $\geq 65$  years, ages 65 years and over; CI, confidence interval; df, degrees of freedom; ER%, excess risk in percent in daily mortality for a decrease in visibility; km, kilometer; ICD-10, tenth revision of the international classification of diseases; IQR, interquartile range; NO<sub>2</sub>, nitrogen dioxide; O<sub>3</sub>, ozone; PM<sub>10</sub>, particulate matter with aerodynamic diameter less than or equal to ( $\leq$ ) 10 micrometers; PM<sub>2.5</sub>, particulate matter with aerodynamic diameter less than or equal to ( $\leq$ ) 2.5 micrometers; SO<sub>2</sub>, sulfur dioxide; TEOM, tapered element oscillating microbalance;  $\mu\text{g m}^{-3}$ , microgram per cubic meter;  $\mu\text{m}$ , micrometer

\* Corresponding author. Fax: +852 2855 9528.

E-mail address: [hmrwcm@hkucc.hku.hk](mailto:hmrwcm@hkucc.hku.hk) (C.-M. Wong).

Visibility in Hong Kong has deteriorated significantly over 40 years and the number of days with visibility below 8 km in the absence of fog, mist, or precipitation has substantially increased from 6.6 days in 1968 to 54.1 days in 2007 (Hong Kong Observatory, 2009). Hong Kong is located in the Pearl River Delta region in southern China where increasing fossil fuel consumption has resulted in a rapid growth of anthropogenic emissions and thereby has led to an increase in air pollution and degradation in visibility (Streets and Waldhoff, 2000). This is attributed to increase in the concentrations of fine particulate matter (PM<sub>2.5</sub>) and photochemical pollutants, which increase the scattering of light (Sequeira and Lai, 1998a; Ho et al., 2003).

In Hong Kong, ambient air pollution is associated with a wide range of adverse health effects in children and adults including respiratory illness (Peters et al., 1996), impaired lung function (Wong et al., 1998), increased consultations with physicians (Wong et al., 2002a), hospital admissions, and premature deaths from cardiopulmonary disease (Wong et al., 2001, 2002b, 2008a; Hedley et al., 2002), mostly at levels well below the currently adopted air quality objectives in Hong Kong (Hong Kong EPD,

2010). Air pollution has been identified as a major cause of increasing community costs due to health care utilization and lost productivity (Hedley et al., 2008). Previous studies, which assessed the association between fine particulates and mortality used various measures as indicators of air pollution, including coefficient of extinction, coefficient of haze, and airport visibility to estimate PM<sub>2.5</sub> and PM<sub>10</sub> (Ozkaynak et al., 1985; Abbey et al., 1995; Ostro, 1995; Vajanapoom et al., 2001; Jerrett et al., 2004). However, apart from two studies, one showing that visibility loss was directly associated with sudden infant death syndrome in Taiwan (Knobel et al., 1995) and a second on the relationship between visibility and population mortality in Shanghai (Huang et al., 2009), no other reports have shown links between visibility and ill health or mortality. We aimed to assess the associations between variations in daily visibility and mortality in Hong Kong for the period 1996–2006 using several sensitivity analyses based on the mean visibility recorded at 10:00, 14:00, and 16:00 h, 24 h maximum visibility, different cut-off limits for humidity, and adjustments for air pollutants.

## 2. Materials and methods

### 2.1. Mortality

Daily mortality data for the eleven year period from January 1996 to December 2006 were obtained from the Hong Kong Census and Statistics Department including date of death and underlying cause of death coded according to the International Classification of Diseases, ninth revision (ICD-9) or tenth revision (ICD-10). The main health outcome of this study comprised all known non-accidental deaths of Hong Kong residents (ICD-9: 1-799; ICD-10: A00-R99), as well as cardiovascular (ICD-9: 390-459; ICD-10: I00-I99), respiratory (ICD-9: 460-519; ICD-10: J00-J98), and accidental mortalities (ICD-9: 800-999; ICD-10: S00-T98). We chose two age groups for analyses: all ages and a subgroup aged 65 years and over. An assessment of the discrepancy between the classification of causes of deaths using ICD-9 and ICD-10 showed that agreement between the two coding systems was over 90% (Hong Kong Department of Health, 2005).

### 2.2. Visibility and meteorological conditions

For the period 1996–2006, visibility data measured at the Hong Kong Observatory were recorded as the visual range in kilometers. The hourly observations of horizontal visibility were made by naked eye from 0:00 to 23:00 h by specially trained observers using suitable targets at various distances in accordance with procedures established by the World Meteorological Organization guidelines (Pueschel, 1983; World Meteorological Organization, 2010). Visibility observations were averaged to provide 24 hour mean visibility. Hourly meteorological conditions were also available at the Hong Kong Observatory including mean temperature in Celsius and mean relative humidity in percent. There were no missing visibility and meteorological observations during the period of study. The average numbers of hazy days were estimated by the hourly visibility and humidity data. They were calculated by the annual proportion of hours with visibility  $\leq 8$  km and humidity  $\leq 80\%$ , and then multiplied by 365 or 366 days.

### 2.3. Concentrations of air pollutants

Air pollutant data from the Environmental Protection Department's eight monitoring stations included daily 24 h average concentrations of particulate matter with aerodynamic diameter  $\leq 10 \mu\text{m}$  (PM<sub>10</sub>), nitrogen dioxide (NO<sub>2</sub>), sulfur dioxide (SO<sub>2</sub>), and 8 hour (10:00–18:00 hours) mean concentrations of ozone (O<sub>3</sub>). Measurements of PM<sub>10</sub>, NO<sub>2</sub>, SO<sub>2</sub>, and O<sub>3</sub> were, respectively, made by tapered element oscillating microbalance (TEOM), chemiluminescence, fluorescence, and ultra violet absorption. Daily concentrations were valid if more than 17/24 h or 5/8 h (in the case of O<sub>3</sub>) were available (US EPA, 1999; Wong et al., 2008a). The eight monitoring stations considered in this study are stations situated at an average of 20 m above ground level with no roadside stations included. Concentrations of pollutants from all stations providing data were averaged to provide daily estimates across the city. There were no missing values for the four pollutants during the period of study.

### 2.4. Statistical analysis

We developed core models with a generalized additive Poisson regression allowing for over-dispersion in the model (Wood, 2006). For each mortality outcome, variations in seasonality, trends, mean temperature, and mean humidity of current and previous days (lag 0–1) were fitted with penalized cubic regression splines. Dummy variables were used to control the variations for days of the week, holidays, and influenza epidemics. We added a dummy variable for the 2003 severe acute respiratory syndrome (SARS) epidemic. We chose 4 degrees of freedom (df) per year for smoothing function of the trends and 3 df for temperature and humidity. The choice of df for each smoothing function in the core models was made on the basis of observed residual autocorrelations using partial autocorrelation function (PACF). For the core models fitted to the mortality data, time variant confounding factors were considered as adequately controlled if absolute values of PACF coefficients were  $< 0.1$  for the first two lag days and there were no systematic patterns in the PACF plots (Wong et al., 2008a).

Following the construction of an adequate core model for each mortality outcome, we entered visibility as a linear term into the regression model and examined the effects of visibility on mortality for single day lags 0–5 days, lag 0–1, and distributed lag 0–4 days (Schwartz, 2000; Zanobetti et al., 2000). The distributed lag effect take into account the possibility that visibility can affect deaths occurring on the same day and on several subsequent days. The net effect of visibility was the sum of the effect estimates for all six days. We expressed the effect of visibility as the percentage change in daily mortality with a decrease in the interquartile range (IQR) of visibility as  $100\% \times \text{IQR} \times \beta$ , where  $\beta$  is the estimated Poisson regression coefficient, and referred to as the excess risk (ER%).

We conducted sensitivity analyses to examine the robustness of the effect estimates for non-accidental mortality at all ages as follows:

1. *Degrees of freedom for trends*: using 3 and 5 df per year for smoothing the time trends in the core model.
2. *Exclusion of visibility with cut-off limit for humidity*: we screened hourly visibility readings and excluded those associated with humidity  $> 80\%$  or  $> 90\%$  or wet conditions including fog, mist, and precipitation and calculated 24 h mean visibility on this basis.
3. *Metric used for visibility*: We used the mean visibility based on the three measurements recorded at 10:00, 14:00, and 16:00 hours, and the 24 h maximum visibility in place of 24 h mean visibility.
4. *Exclusion of extreme visibility range*: we excluded readings of visibility less than 8 km; less than the 25th percentile; or less than the 5th percentile of visibility, by regarding them as missing.
5. *Adjustment for air pollutants*: we adjusted for each of the four pollutants PM<sub>10</sub>, NO<sub>2</sub>, O<sub>3</sub>, or SO<sub>2</sub> in turn at lag 0–1 in the models.
6. *Average lag 0–2 days for temperature and humidity*: we substituted average of current day and previous two days (lag 0–2 days) for temperature and humidity in the core models in place of lag 0–1 days.
7. *Natural cubic regression splines*: We fitted natural cubic regression splines in place of penalized cubic regression splines.

All analyses were performed using the statistical software package R version 2.9.1 (R Development Core team, 2009) with mgcv package version 1.5–5.

## 3. Results

### 3.1. Mortality, visibility, air pollutants, and meteorology

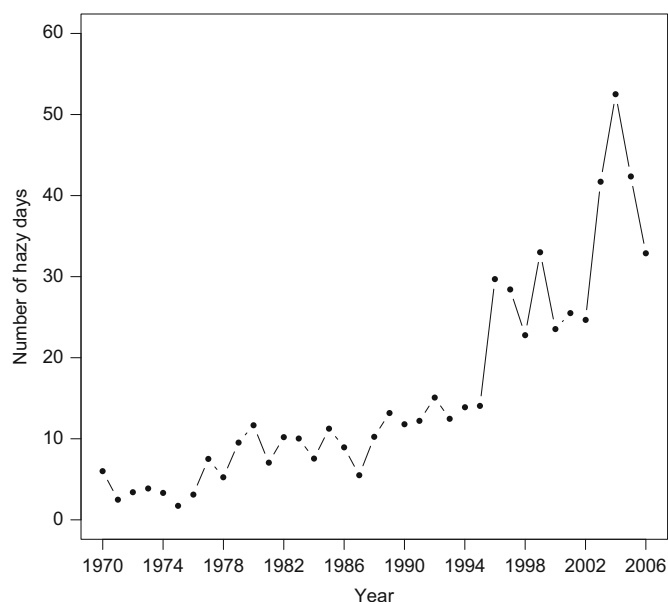
There were about 360,000 deaths during the period of study. For non-accidental mortality, the number of daily deaths at all ages ranged from 48 to 153 per day; 6 to 56 for cardiovascular mortality, and 3 to 41 for respiratory mortality. Air pollutant mean values in  $\mu\text{gm}^{-3}$  were PM<sub>10</sub>: 53.7; NO<sub>2</sub>: 59.0; O<sub>3</sub>: 38.4; and SO<sub>2</sub>: 19.6 (Table 1). The Spearman correlations between pollutants were positive ranging from  $r=0.29$  to  $0.80$ , with the exception of the correlation between O<sub>3</sub> and SO<sub>2</sub> ( $r=-0.06$ ).

The average number of hazy days per year increased from 6 days in 1970 to 32 days in 2006 (Fig. 1). Mean visibility (13.3 km) was higher than the median (12.4 km), indicating the distribution was mildly positively skewed (Table 1). The Spearman correlations between daily visibility and the concentrations of the four pollutants were negative ranging from  $r=-0.64$  to  $-0.04$ . The Spearman correlations were high between visibility and PM<sub>10</sub> ( $r=-0.64$ ) and NO<sub>2</sub> ( $r=-0.54$ ) and low between visibility and O<sub>3</sub> ( $r=-0.23$ ) and SO<sub>2</sub> ( $r=-0.04$ ).

**Table 1**  
Distribution of daily visibility, mortality counts, and meteorological measurements in Hong Kong, 1996–2006 ( $N=4018$  days).

	Mean	SD	Percentiles					IQR
			Min	25th	50th	75th	Max	
Visibility <sup>a</sup> (km)	13.3	5.3	1.2	9.6	12.4	16.1	31.3	6.5
Pollutant ( $\mu\text{g m}^{-3}$ )								
PM <sub>10</sub>	53.7	27.0	13.7	32.4	47.9	69.9	210.7	37.5
NO <sub>2</sub>	59.0	20.8	10.3	44.8	56.5	70.4	169.0	25.6
O <sub>3</sub>	38.4	24.3	0.7	19.3	32.7	53.1	195.0	33.8
SO <sub>2</sub>	19.6	14.1	1.4	10.4	16.0	24.4	143.5	14.0
Temperatures (°C)	23.6	5.0	6.9	19.6	24.8	27.7	31.8	8.1
Humidity (%)	78.1	9.9	27.5	73.6	79.3	84.7	98.1	11.0
Non-accidental								
All ages	89.0	14.4	48.0	79.0	88.0	98.0	153.0	19.0
Ages $\geq 65$ years	69.9	13.4	35.0	60.0	68.0	78.0	131.0	18.0
Cardiovascular								
All ages	24.8	6.8	6.0	20.0	24.0	29.0	56.0	9.0
Ages $\geq 65$ years	21.2	6.3	3.0	17.0	21.0	25.0	50.0	8.0
Respiratory								
All ages	16.8	5.4	3.0	13.0	16.0	20.0	41.0	7.0
Ages $\geq 65$ years	15.4	5.1	3.0	12.0	15.0	18.0	38.0	6.0
Accidental								
All ages	4.3	2.3	0.0	3.0	4.0	6.0	14.0	3.0
Ages $\geq 65$ years	1.4	1.2	0.0	1.0	1.0	2.0	8.0	1.0

<sup>a</sup> The visibility is based on the 24 h mean at lag 0–1 days. Higher values of visibility correspond to better visibility. Abbreviations: IQR: interquartile range, Min: minimum; Max: maximum; SD: standard deviation.



**Fig. 1.** The average number of hazy days for each year defined according to the proportion of hours with visibility  $\leq 8$  km and relative humidity  $\leq 80\%$  observed at the Hong Kong Observatory, 1970–2006.

Visibility increased with temperature ( $r=0.47$ ), but the correlation between visibility and humidity was low ( $r=-0.17$ ).

Concentrations of pollutants were generally highly correlated with monitoring stations. The ranges of Spearman correlations for concentrations of the four pollutants at eight monitoring stations were PM<sub>10</sub>:  $r=0.91$ – $0.97$ , NO<sub>2</sub>:  $r=0.67$ – $0.92$ , O<sub>3</sub>:  $r=0.62$ – $0.89$ , and SO<sub>2</sub>:  $r=0.46$ – $0.83$  (data not shown). The means and standard deviations (SD) for the four pollutants in  $\mu\text{g m}^{-3}$  were, for PM<sub>10</sub>: 50.1–59.6 (SD: 26.5–32.8), NO<sub>2</sub>: 46.8–69.0 (SD: 20.9–23.6),

O<sub>3</sub>: 27.5–56.3 (SD: 21.5–29.7) and, SO<sub>2</sub>: 15.0–25.1 (SD: 12.7–20.6) (data not shown). Humidity and visibility exhibited a marked seasonal variation with humidity highest in the warm season, but with visibility lowest in the cool season (October–March) and highest in the warm season (April–September), corresponding to the zenith and nadir of the annual seasonal pattern of concentrations for PM<sub>10</sub>, NO<sub>2</sub>, and O<sub>3</sub> (data not shown).

### 3.2. Lag effect of visibility

We report the results using lag 0, lag 0–1, and the distributed lag for lag 0–4 days for an IQR (6.5 km) decrease in visibility. The largest effect at lag 0–4 was estimated for respiratory mortality followed by cardiovascular and non-accidental mortalities, ranging from 1.13 to 1.92 with ER% all statistically significant. The effects for the distributed lag 0–4 days were lower than for lag 0 and lag 0–1, with estimates ranging from  $-0.04$  to 1.99 except for the respiratory mortality, which showed stronger effects. No statistically significant associations were found with accidental mortality (Table 2). The lag pattern of the visibility effects was similar to PM<sub>10</sub> with maximum effect at lag 0–1 for both visibility and PM<sub>10</sub> (data not shown). The effect estimates of visibility were sensitive to lag specifications (Fig. 2).

### 3.3. Sensitivity analyses

We report the results of sensitivity analyses only for non-accidental mortality at all ages. In general, the effect estimates were statistically significant for all analyses with the exception of adjustments for air pollutants, which resulted in non-significant effect estimates. The effect estimates, which ranged from 0.91 to 1.18 were reduced by less than 20% from those in the main analysis, when we changed degrees of freedom for trends, excluded visibility observations with a cut-off limits for humidity  $> 90\%$ , excluded visibility observations falling below the 5th percentile, fitted average lag 0–2 days for temperature and humidity, and used natural cubic regression splines for smoothing. However, in other cases the effect estimates were reduced by more than 20%, ranging from 0.65 to 0.90 (Table 3). The full set of results on other mortality outcomes is available in the Supplementary Material.

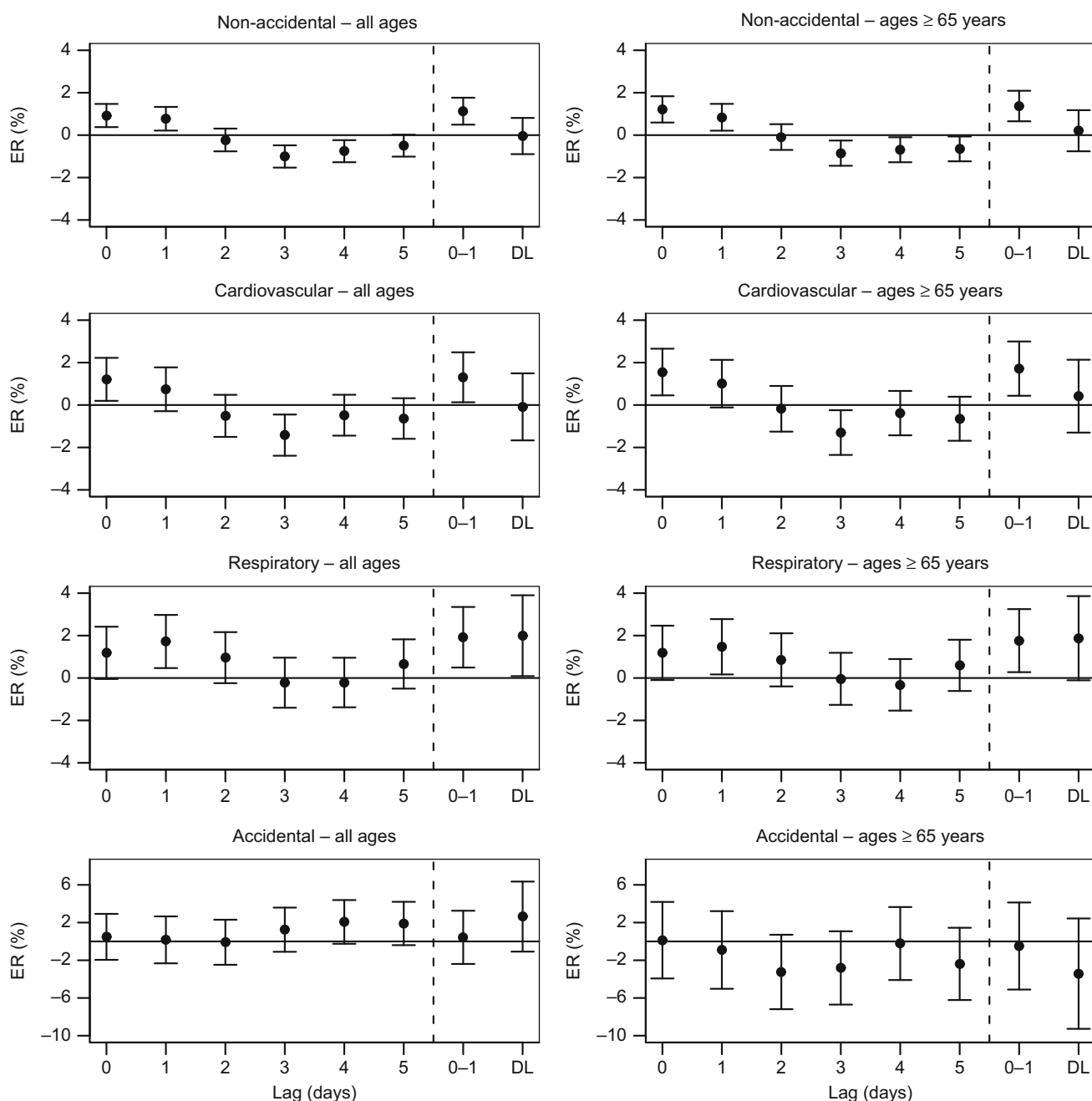
## 4. Discussion

In Hong Kong's heavily polluted environment, we found that a decrease in visibility at lag 0–1 days was associated with increase in daily mortality, which was the largest for respiratory mortality followed by cardiovascular mortality and all non-accidental mortality. We found that the visibility effect estimates for mortality were comparable to those derived from specific air pollutants with respect to the magnitude, lag pattern, and the shape of exposure–response curves especially compared to the results derived from PM<sub>10</sub> concentrations. The strongest association between visibility and mortality was for respiratory causes. In Hong Kong, fine particulate matter was the main contributor to the reduction in visibility with ammonium sulfate from regional sources being the largest component (51%) (Wang, 2003) and based on our limited data on PM<sub>2.5</sub> for one station from 1998 to 2006, the Spearman correlation between visibility and PM<sub>2.5</sub> was  $-0.78$  (data not shown). This high correlation suggests that the use of the visual range as a measure of fine respirable particulates is a good proxy for estimating the effects of combustion particulates on mortality outcomes. The strongest effects on mortality were those associated with NO<sub>2</sub> concentrations (data not shown), consistent with our previous analyses (Wong et al.



**Table 2**  
Estimated excess risks (ER%) for daily mortality and associated 95% confidence intervals (CI) per interquartile range decrease in visibility (6.5 km) under different lag models.

	Models					
	Lag 0		Lag 0–1		Distributed lag (lag 0–4)	
	ER%	95% CI	ER%	95% CI	ER%	95% CI
<i>Non-accidental</i>						
All ages	0.92	0.38 to 1.47	1.13	0.49 to 1.76	−0.04	−0.90 to 0.81
Ages ≥ 65 years	1.21	0.59 to 1.83	1.37	0.65 to 2.09	0.21	−0.76 to 1.18
<i>Cardiovascular</i>						
All ages	1.21	0.20 to 2.22	1.31	0.13 to 2.49	−0.09	−1.67 to 1.49
Ages ≥ 65 years	1.55	0.45 to 2.65	1.72	0.44 to 3.00	0.42	−1.30 to 2.13
<i>Respiratory</i>						
All ages	1.19	−0.05 to 2.42	1.92	0.49 to 3.35	1.99	0.09 to 3.90
Ages ≥ 65 years	1.18	−0.10 to 2.47	1.76	0.28 to 3.25	1.88	−0.11 to 3.86
<i>Accidental</i>						
All ages	0.48	−1.96 to 2.93	0.43	−2.39 to 3.26	2.64	−1.08 to 6.35
Ages ≥ 65 years	0.13	−3.93 to 4.19	−0.49	−5.10 to 4.13	−3.41	−9.27 to 2.43



**Fig. 2.** Estimated excess risks (ER%) for daily mortality and associated 95% confidence intervals per interquartile range decrease in visibility (6.5 km) at single lags 0–5, mean lag 0–1 (0–1) and distributed lag (DL) for lag 0–4 days.

**Table 3**

Estimated excess risks (ER%) for daily mortality and associated 95% confidence intervals (CI) per interquartile range decrease in visibility (6.5 km) at lag 0–1 days for non-accidental mortality at all ages compared with sensitivity analyses.

	ER%	95% CI
Main analysis with 4 degrees of freedom for trends per year	1.13	0.49 to 1.76
1. Degrees of freedom for trends		
a. 5	0.92	0.29 to 1.54
b. 3	0.92	0.30 to 1.55
2. Exclusion of visibility with cut-off limit for humidity (%)		
a. > 90	1.11	0.49 to 1.73
b. > 80	[0.70]	0.08 to 1.33
3. Metric used for visibility		
a. Mean based on the three measurements recorded at 10:00, 14:00 and 16:00 h	[0.72]	0.19 to 1.24
b. 24 h maximum	[0.90]	0.40 to 1.39
4. Exclusion of extreme visibility range		
a. < 8 km	[0.85]	0.11 to 1.58
b. < The 25th percentile	[0.86]	1.70 to 0.02
c. < The 5th percentile	0.91	0.24 to 1.58
5. Adjustment for air pollutants		
a. PM <sub>10</sub>	[0.65]	–1.57 to 0.27
b. NO <sub>2</sub>	[0.43]	–0.29 to 1.15
c. O <sub>3</sub>	[0.83]	0.11 to 1.55
d. SO <sub>2</sub>	[0.65]	–0.02 to 1.31
6. Average lag 0–2 days for temperature and humidity	1.18	0.56 to 1.80
7. Natural cubic regression splines	1.14	0.49 to 1.78

Note: ER% in squared brackets when it changed > 20% from the main analysis.

2008a). It is noteworthy that PM<sub>10</sub> was strongly correlated with other pollutants, particularly with NO<sub>2</sub>, and the strong PM<sub>10</sub> correlation with NO<sub>2</sub> may have contributed to the ability to detect the effects of visibility on mortality.

The size of the effects and the cause-specific pattern of mortality indicate that some susceptible groups in the population may benefit more from improvements in the visibility range particularly among individuals with cardiovascular and respiratory diseases. The linear effect seen in all mortality outcomes and age groups suggests that there is no clear threshold value and the effect estimates from this study are consistent with a linear model without threshold for PM<sub>10</sub> demonstrated in studies from Asia, West Europe, and North America (Daniels et al., 2000; Samoli et al., 2006; Pope and Dockery, 2006; Wong et al., 2008a). Further evidence on linear relationships between daily visibility and daily deaths in vulnerable subgroups, compared to the general population, would be provided by further cohort studies with both short- and long-term outcomes.

It is well recognized that meteorological conditions, in particular humidity, are strong determinants of visibility in urban settings. Malm and Day (2001) examined the association between reduction in visibility and humidity in the United States and argued that at 90% humidity the light scattering cross-section of ammonium sulfate particles may be increased by a factor of five or more times above that of dry particles. Sequeira and Lai (1998b) suggested a cut-off limit of 80% in humidity for assessing the visibility in Hong Kong, which lies close to the coast. This limit might remove measurements in which high levels of particulate matter were also associated with high humidity conditions; however, sensitivity analyses with these more stringent cut-off limits and excluding periods of fog and precipitation have not significantly affected our estimates of associations between visibility and mortality. They did not alter the conclusion that improved visibility leads to health benefits and that the estimation of low visibility is an effective surrogate for air pollutants in this region.

Previous studies on atmospheric visibility, including the estimation of fine particulates, suggested that midday visibility values were appropriate measures. They are more representative of regional visibility levels because daytime and nighttime visibilities are often

incompatible and early morning fogs and high humidity, which may affect local conditions, are dispersed by midday (Ozkaynak et al., 1985; Abbey et al., 1995). Sensitivity analyses showed that different measures of visibility such as taking the mean visibility based on the three measurements recorded at 10:00, 14:00, and 16:00 h led to substantial decreases in the estimates by more than 20% compared to those from 24 h mean visibility. We used 24 h mean visibility, which yielded the mortality effect estimates most comparable to those derived from air pollutants.

Reduction in daily visibility is a widespread and increasing problem associated with deterioration in air quality in many East Asian and South Asian countries (Wang et al., 2009). One major problem has been the inadequate data on the ambient mass concentrations of the criteria air pollutants, but good visibility measurements are routinely recorded at most meteorological stations and at airfields, and often available over several years. In the absence of air pollutant data, the use of visibility measures can be deployed quickly by environmental health authorities for estimating the health effects of air pollution including the shape of exposure–response curves for mortality. This locally generated evidence can provide important support for public health through air quality improvement policies, particularly because of its potential to protect the health of susceptible subgroups in the population, including those who are socioeconomically deprived (Ou et al., 2008; Wong et al., 2008b).

#### 4.1. Study strengths and limitations

Our study has several unique features. It covered eleven years of data with a large sample size of about 360,000 deaths and had high statistical power to detect significant associations in visibility associated mortality. The analytic method used in this study follows the current standard approach adopted in the assessment the of short-term effects of air pollution on mortality in daily time series studies (Samet et al., 2000). An important feature of this method is that the likelihood of confounding effects

of visibility is minimized by removing other factors, which may be associated with variations in mortality. Once the core models were determined, visibility was entered to identify associations between visibility and mortality. So all potential observable time variant and unobservable confounding effects would have been reduced. Our data on visibility, air pollutants, mortality, and meteorology are reliable in that they have undergone rigorous quality control procedures performed independently by several government departments.

Some limitations were present in our study. First, even though our conclusion has internal consistency, it needs to be replicated in other jurisdictions because of different methodologies, which may be adopted for visibility and air pollutant measurements and the properties of air pollutant mixtures, which, especially for particulates, could be different from Hong Kong. Second, it must include recognition that visibility observations are surrogate measures of pollutants and not a measure of exposure, and that they could be misclassified because of the inherently subjective nature of visibility measurements, but these errors would ultimately bias the outcomes towards the null effect. Finally, as in all time series studies, data on mortality and covariates are collected at the aggregated level and caution should be exercised in drawing a causal association between the underlying effects of poor visibility and mortality.

## 5. Conclusions

The use of validated and robust methods suggests that decreased visibility was associated with increased risk for non-accidental, cardiovascular, and respiratory mortalities. Visibility measures, with face validity, can provide a useful tool for environmental health impact assessment in regions where air pollutant monitoring data are limited or absent. There is scope for further research to elucidate the role of visibility in the assessment of health effects associated with air pollution. From a public health viewpoint, our findings provide an effective means to support the development of risk perception and to communicate to policy makers, government officials, law makers, the general public and the media, the relevance of poor visibility to impaired quality of life, lost productivity, and environmental health problems.

## Acknowledgments

The authors wish to thank the Environmental Protection Department for providing air pollutant data, the Hong Kong Observatory for visibility and meteorological data and the Census and Statistics Department for mortality data for this study.

## Appendix A. Supplementary materials

Supplementary data associated with this article can be found in the online version at [doi:10.1016/j.envres.2010.05.005](https://doi.org/10.1016/j.envres.2010.05.005).

## References

Abbey, D.E., Ostro, B.E., Fraser, G., Vancuren, T., Burchette, R.J., 1995. Estimating fine particulates less than 2.5 microns in aerodynamic diameter ( $PM_{2.5}$ ) from airport visibility data in California. *J. Expo. Anal. Environ. Epidemiol.* 5, 161–180.

Daniels, M.J., Dominici, F., Samet, J.M., Zeger, S.L., 2000. Estimating particulate matter-mortality dose-response curves and threshold levels: an analysis of daily time-series for the 20 largest US cities. *Am. J. Epidemiol.* 152, 397–406.

Hedley, A.J., Wong, C.M., Thach, T.Q., Ma, S., Lam, T.H., Anderson, H.R., 2002. Cardiorespiratory and all-cause mortality after restrictions on sulphur content of fuel in Hong Kong: an intervention study. *Lancet* 360, 1646–1652.

Hedley, A.J., McGhee, S.M., Barron, B., Chau, P., Chau, J., Thach, T.Q., Wong, T.W., Loh, C., Wong, C.M., 2008. Air pollution: costs and paths to a solution in Hong Kong—understanding the connections among visibility, air pollution, and health costs in pursuit of accountability, environmental justice, and health protection. *J. Toxicol. Environ. Health A* 71, 544–554.

Ho, K.F., Lee, S.C., Chan, C.K., Yu, J.C., Chow, J.C., Yao, X.H., 2003. Characterization of chemical species in  $PM_{2.5}$  and  $PM_{10}$  aerosols in Hong Kong. *Atmos. Environ.* 37, 31–39.

Hong Kong Department of Health, 2005. Comparability of cause-of-death coding between ICD-9 and ICD-10. Available at [http://www.chp.gov.hk/files/pdf/grp-Co m\\_of\\_Icd\\_Cod\\_Bet\\_ICD9-10-en-20051222.pdf](http://www.chp.gov.hk/files/pdf/grp-Co m_of_Icd_Cod_Bet_ICD9-10-en-20051222.pdf). Accessed February 23, 2010.

Hong Kong EPD, 2010. Air Quality Objectives. Available at <http://www.epd-asg.gov.hk/english/backgd/hkaqo.php>. Accessed February 23, 2010.

Hong Kong Observatory, 2009. Numbers of hours of reduced visibility observed at the Hong Kong Observatory since 1968. Available at [http://www.weather.gov.hk/cis/statistic/hko\\_redvis\\_statistic\\_e.htm](http://www.weather.gov.hk/cis/statistic/hko_redvis_statistic_e.htm). Accessed February 23, 2010.

Huang, W., Tan, J., Kan, H., Zhao, N., Song, W., Song, G., Chen, G., Jiang, L., Jiang, C., Chen, R., Chen, B., 2009. Visibility, air quality and daily mortality in Shanghai, China. *Sci. Total Environ.* 407, 3295–3300.

Jerrett, M., Burnett, R.T., Brook, J., Kanaroglou, P., Giovis, C., Finkelstein, N., Hutchison, B., 2004. Do socioeconomic characteristics modify the short term association between air pollution and mortality? Evidence from a zonal time series in Hamilton, Canada. *J. Epidemiol. Commun. Health* 58, 31–40.

Knobel, H.H., Chen, C.J., Liang, K.Y., 1995. Sudden infant death syndrome in relation to weather and optometrically measured air-pollution in Taiwan. *Pediatrics* 96, 1106–1110.

Malm, W., Day, D.E., 2001. Estimates of aerosol species scattering characteristics a function of relative humidity. *Atmos. Environ.* 35, 2845–2860.

Ostro, B., 1995. Fine particulate air pollution and mortality in two southern California counties. *Environ. Res.* 70, 98–104.

Ou, C.Q., Hedley, A.J., Chung, R.Y., Thach, T.Q., Chau, Y.K., Chan, K.P., Yang, L., Ho, S.Y., Wong, C.M., Lam, T.H., 2008. Socioeconomic disparities in air pollution-associated mortality. *Environ. Res.* 107, 237–244.

Ozkaynak, H., Schatz, A.D., Thurston, G.D., 1985. Relationship between aerosol extinction coefficients derived from airport visual range observations and alternative measures of airborne particle mass. *J. Air Pollut. Control Assoc.* 35, 1176–1185.

Peters, J., Hedley, A.J., Wong, C.M., Lam, T.H., Ong, S.G., Liu, J., Spiegelhalter, D.J., 1996. Effects of an ambient air pollution intervention and environmental tobacco smoke on children's respiratory health in Hong Kong. *Int. J. Epidemiol.* 25, 821–828.

Pope 3rd, C.A., Dockery, D.W., 2006. Health effects of fine particulate air pollution: lines that connect. *J. Air Waste Manag. Assoc.* 56, 709–742.

Pueschel, R.F., 1983. Effects of sulphur compounds and other air pollutants on visibility. WMO Environmental Pollution Monitoring Programme Report No. 14.

R Development Core Team, 2009. R: A Language and Environment for Statistical Computing. R Foundation for Statistical Computing, Vienna, Austria.

Samet, J.M., Zeger, S.L., Dominici, F., Currier, I., Dockery, D.W., Schwartz, J., Zanobetti, A., 2000. The National Morbidity, Mortality, and Air Pollution Study. Part II: Morbidity and Mortality from Air Pollution in the United States. Health Effects Institute, Cambridge MA.

Samoli, E., Aga, E., Touloumi, G., Nisiotis, K., Forsberg, B., Lefranc, A., Pekkanen, J., Wojtyniak, B., Schindler, C., Niciu, E., Brunstein, R., Dodic Fikfak, M., Schwartz, J., Katsouyanni, K., 2006. Short-term effects of nitrogen dioxide on mortality: an analysis within the APHEA project. *Eur. Respir. J.* 27, 1129–1138.

Schwartz, J., 2000. The distributed lag between air pollution and daily deaths. *Epidemiology* 11, 320–326.

Sequeira, R., Lai, C.C., 1998a. An analysis of the representative composition of rainwater at six locations in Hong Kong. *Water Air Soil Pollut.* 107, 289–301.

Sequeira, R., Lai, K.H., 1998b. The effect of meteorological parameters and aerosol constituents on visibility in urban Hong Kong. *Atmos. Environ.* 32, 2865–2871.

Sloane, C.S., White, W.H., 1986. Visibility—an evolving issue. *Environ. Sci. Technol.* 20, 760–766.

Streets, D.G., Waldhoff, S.T., 2000. Present and future emissions of air pollutants in China:  $SO_2$ ,  $NO_x$ , and CO. *Atmos. Environ.* 34, 363–374.

U.S. EPA, 1999. Guideline on data handling conventions for the PM NAAQS. Prepared by the office of air quality planning and standards, Research Triangle Park, North Carolina. EPA-454/R-99-008. April. Available at <http://www.epa.gov/ttn/oarpg/t1/memoranda/pmfinal.pdf>. Accessed February 23, 2010.

Vajanapoom, N., Shy, C.M., Neas, L.M., Loomis, D., 2001. Estimation of particulate matter from visibility in Bangkok, Thailand. *J. Expos. Anal. Environ. Epidemiol.* 11, 97–102.

Wang, T., 2003. Study of visibility reduction and its causes in Hong Kong. Air Services Group, The Environmental Protection Department of HKSAR. Available at [http://www.epd.gov.hk/epd/english/environment/hk/air/studytrpts/files/study\\_of\\_visibility\\_reduction\\_and\\_its\\_causes\\_in\\_hk.pdf](http://www.epd.gov.hk/epd/english/environment/hk/air/studytrpts/files/study_of_visibility_reduction_and_its_causes_in_hk.pdf). Accessed February 23, 2010.

Wang, K., Dickinson, R.E., Liang, S., 2009. Clear sky visibility has decreased over land globally from 1973 to 2007. *Science* 323, 1468–1470.

Watson, J.G., 2002. Visibility: science and regulation. *J. Air Waste Manag. Assoc.* 52, 628–713.

Wong, C.M., Lam, T.H., Peters, J., Hedley, A.J., Ong, S.G., Tam, A.Y.C., Liu, J., Spiegelhalter, D.J., 1998. Comparison between two districts of the effects of an

- air pollution intervention on bronchial responsiveness in primary school children in Hong Kong. *J. Epidemiol. Commun. Health* 52, 571–578.
- Wong, C.M., Ma, S., Hedley, A.J., Lam, T.H., 2001. Effect of air pollution on daily mortality in Hong Kong. *Environ. Health Perspect.* 109, 335–340.
- Wong, T.W., Wun, Y.T., Yu, T.S., Tam, W., Wong, C.M., Wong, A.H.S., 2002a. Air pollution and general practice consultations for respiratory illnesses. *J. Epidemiol. Commun. Health* 56, 949–950.
- Wong, C.M., Atkinson, R.W., Anderson, H.R., Hedley, A.J., Ma, S., Chau, P.Y.K., Lam, T.H., 2002b. A tale of two cities: effects of air pollution on hospital admissions in Hong Kong and London compared. *Environ. Health Perspect.* 110, 67–77.
- Wong, C.M., Vichit-Vadakan, N., Kan, H., Qian, Z., 2008a. Public health and air pollution in Asia (PAPA): a multicity study of short-term effects of air pollution on mortality. *Environ. Health Perspect.* 116, 1195–1202.
- Wong, C.M., Ou, C.Q., Chan, K.P., Chau, Y.K., Thach, T.Q., Yang, L., Chung, R.Y.N., Thomas, G.N., Peiris, J.S.M., Wong, T.W., Hedley, A.J., Lam, T.H., 2008b. The effects of air pollution on mortality in socially deprived urban areas in Hong Kong, China. *Environ. Health Perspect.* 116, 1189–1194.
- Wood, S.N., 2006. *Generalized Additive Models: An Introduction with R*. Chapman and Hall/CRC, Boca Raton, FL.
- World Meteorological Organization 2010. Measurement of visibility. Available at <<http://www.wmo.int/pages/prog/www/IMOP/publications/CIMO-Guide/CIMO%20Guide%207th%20Edition,%202008/Part%20I/Chapter%209.pdf>>. Accessed February 23, 2010.
- Zanobetti, A., Wand, M.P., Schwartz, J., Ryan, L.M., 2000. Generalized additive distributed lag models: quantifying mortality displacement. *Biostatistics* 3, 279–292.

**LegCo Presentation: 28<sup>h</sup> January 2011**

# **OUR HEALTH & ENVIRONMENT**

**Is loss of visibility damaging  
health in Hong Kong?**

Environmental Health Research Group



Department of Community Medicine  
School of Public Health  
The University of Hong Kong

# Is loss of visibility an indicator of serious community health problems?: a new analysis



Contents lists available at ScienceDirect

Environmental Research

journal homepage: [www.elsevier.com/locate/envres](http://www.elsevier.com/locate/envres)



## Daily visibility and mortality: Assessment of health benefits from improved visibility in Hong Kong

Thuan-Quoc Thach<sup>a</sup>, Chit-Ming Wong<sup>a,\*</sup>, King-Pan Chan<sup>a</sup>, Yuen-Kwan Chau<sup>a</sup>, Yat-Nork Chung<sup>a</sup>, Chun-Quan Ou<sup>b</sup>, Lin Yang<sup>a</sup>, Anthony J. Hedley<sup>a</sup>

<sup>a</sup> School of Public Health, The University of Hong Kong, 5th Floor, Li Ka Shing Faculty of Medicine Building, 21 Sassoon Road, Hong Kong, China

<sup>b</sup> Department of Biostatistics, Southern Medical University, Guangzhou, China



# What you see is what you breathe...

From Tsim Sha Tsui to Victoria Harbour

**Better visibility**

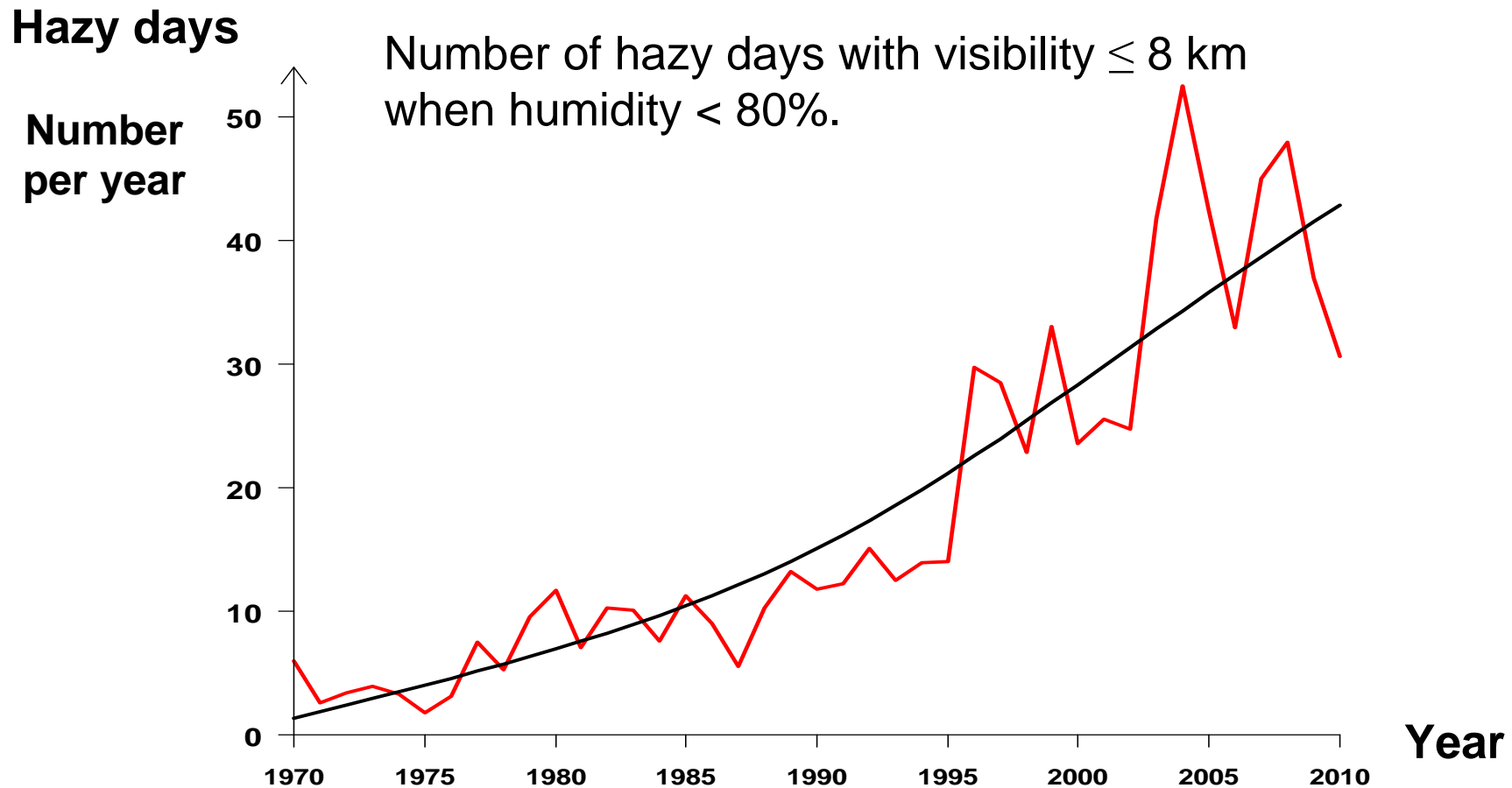


**Poor visibility**



Source: Ed Stokes. Hong Kong Conservation Photography Foundation

# What has been happening to visibility in Hong Kong in recent years?



*Are we looking at the emergence of a long term epidemic?*



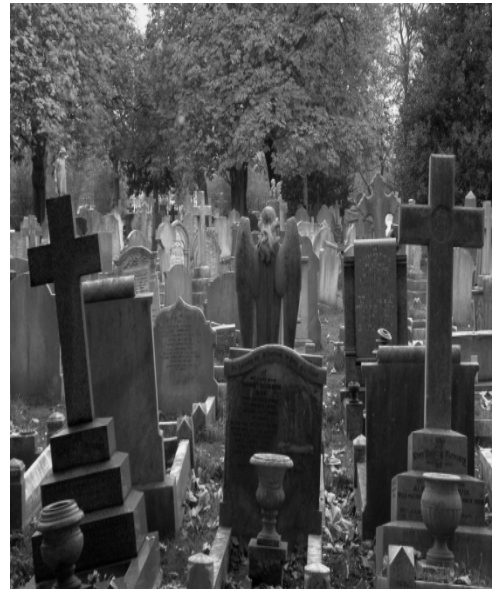
# The visibility-mortality model

## Input

*Daily visibility (km)*  
+  
Temperature (Celsius)  
+  
Humidity (%)  
+  
Days of the week  
+  
Influenza epidemics  
+  
SARS epidemic

## Analysis

Daily death counts



## Output

% increase  
in death  
per 1km  
decrease  
in visibility

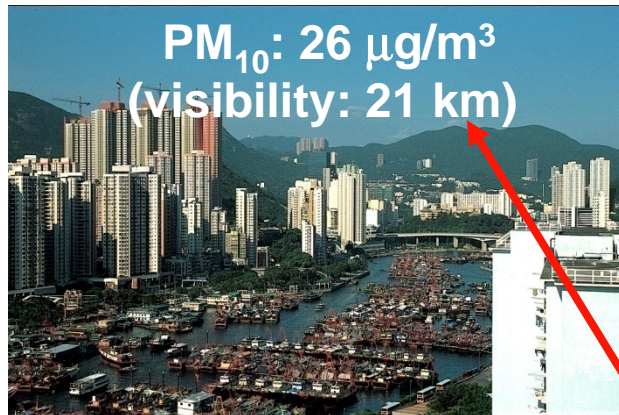
# How far can we see on a clear day?

Average visibility = 12.6km



Loss of visibility = 30km – 12.6km = 17.4km

# What is the annual mortality impact of visibility loss?



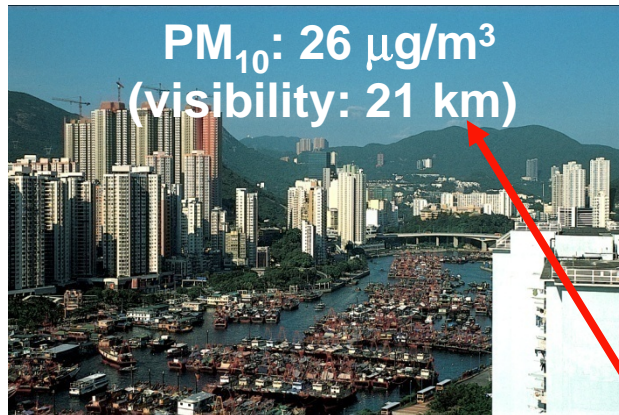
**Aberdeen Harbour**



Visibility (km)	Annual avoidable deaths	PM <sub>10</sub> (µg /m <sup>3</sup> )	
30 Horizon	0	negligible	Compliance with World Health Organization (WHO) Air Quality ANNUAL Guideline for PM <sub>10</sub>
24	420	20	
21	625	30	
15	1040	50	Exceeded WHO Air Quality Guideline for PM <sub>10</sub>
9	1460	70	
5 or lower	1740+	84+	



# What is the annual mortality impact of visibility loss?



Aberdeen Harbour



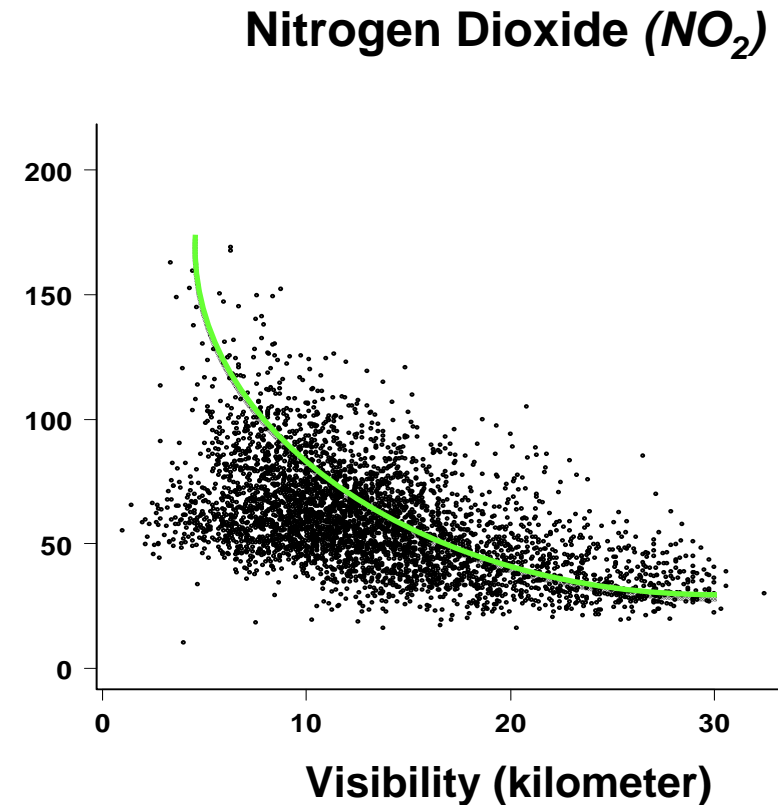
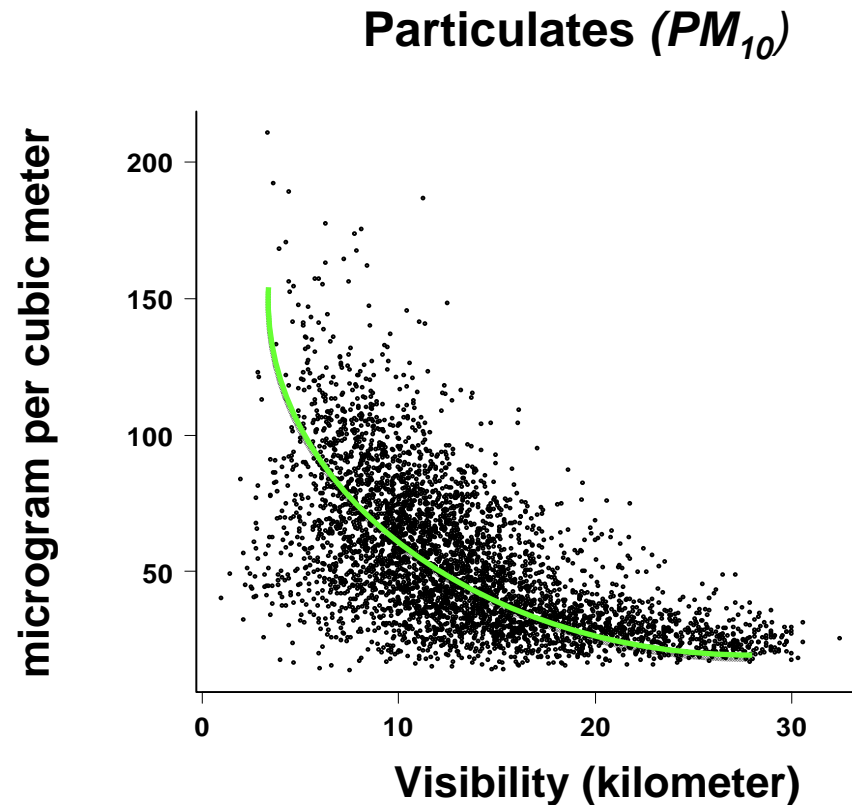
Visibility (km)	Annual avoidable deaths	PM <sub>10</sub> (µg /m <sup>3</sup> )	
30 Horizon	0	negligible	Compliance with World Health Organization (WHO) Air Quality ANNUAL Guideline for PM <sub>10</sub>
24	420	20	
21	625	30	
15	1040	50	Exceeded WHO Air Quality Guideline for PM <sub>10</sub>
12.6	1200		
9	1460	70	
5 or lower	1740+	84+	

# Hong Kong's Air Quality

## How far above WHO *minimum safety limits* are our air pollutants?

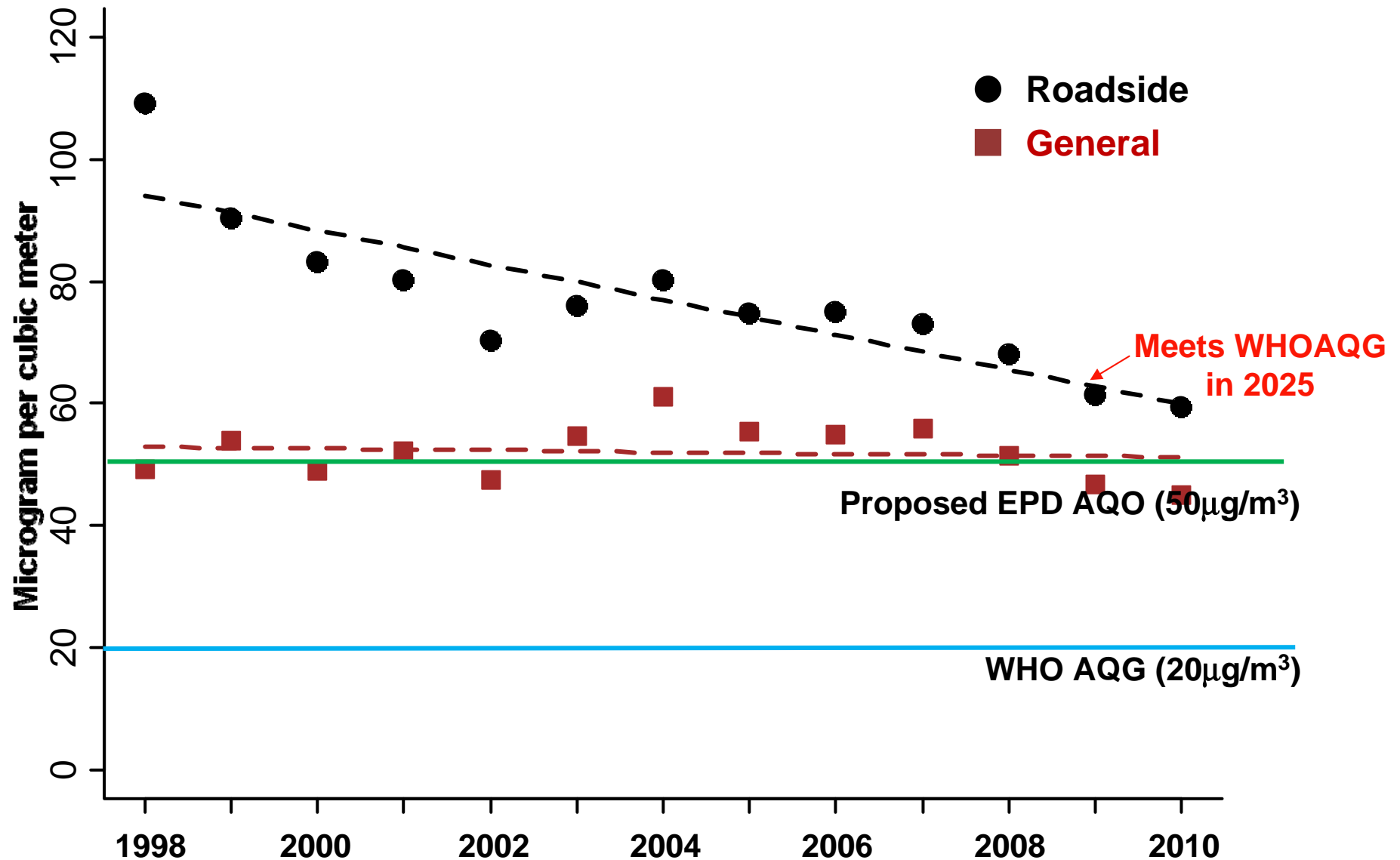
	Year 2010	
	% above WHO Guidelines	
	General	Roadside
Particulates	125%	195%
Nitrogen dioxide	40%	195%
Sulphur dioxide	140%	100%

# What is the most likely cause of loss of visibility?

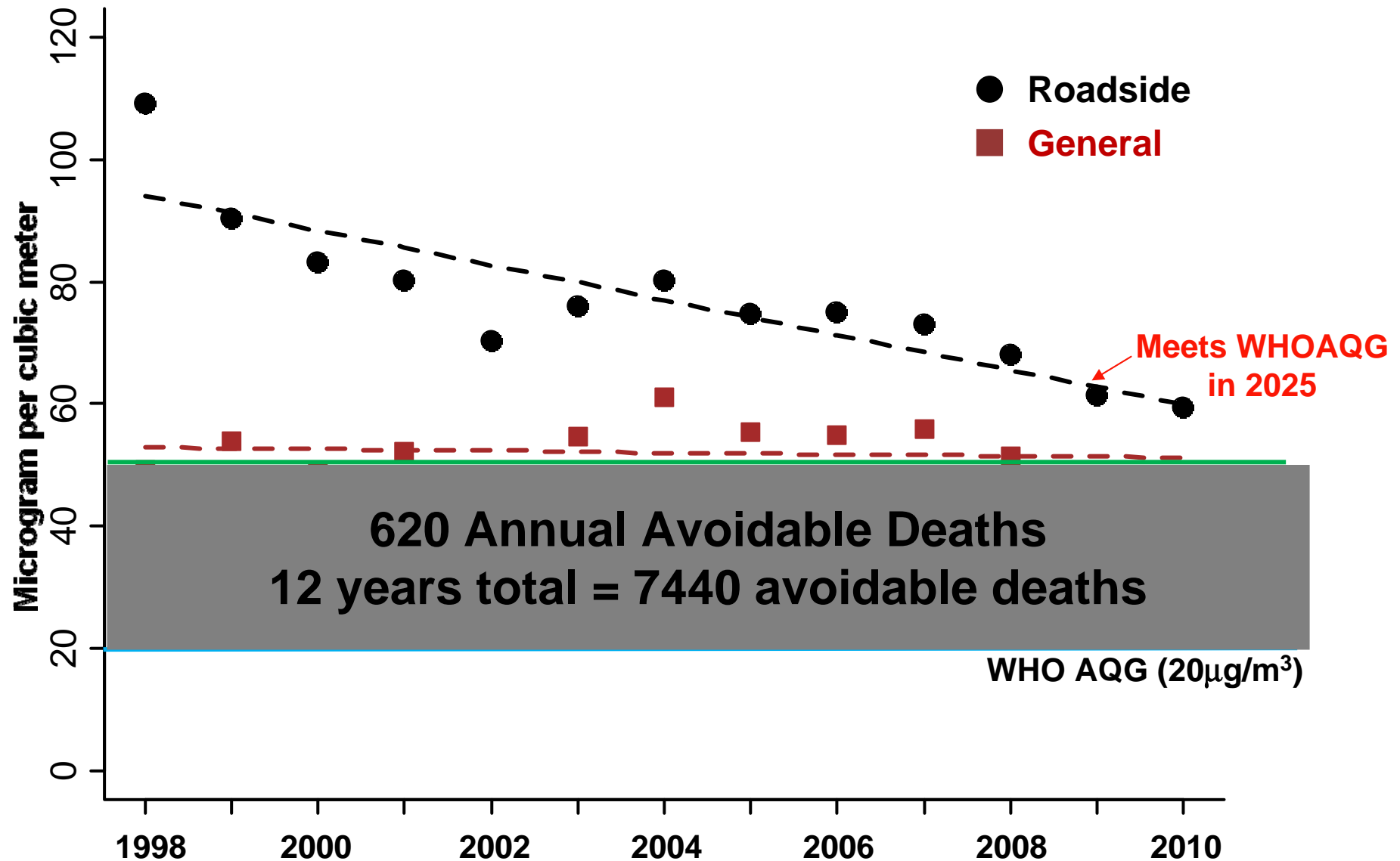


- Visibility is strongly negatively correlated with air pollution especially *Particulates ( $PM_{10}$ )* and *Nitrogen Dioxide ( $NO_2$ )*
- The higher the pollutant concentrations the lower the visibility.
- *$PM_{10}$  and  $NO_2$  are strong signatures of traffic pollution*

# Particulates: 1998 - 2010

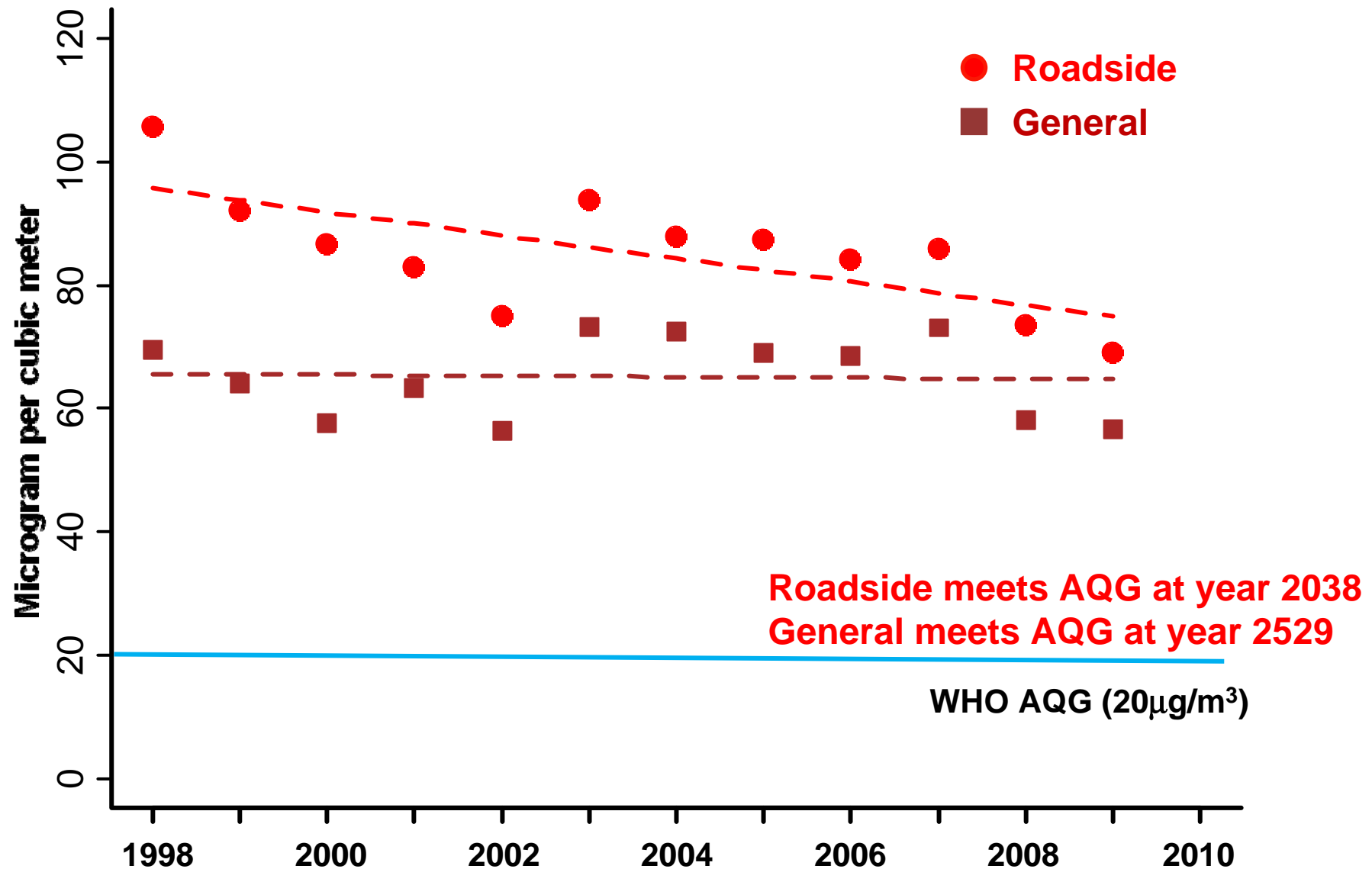


# Particulates: 1998 - 2010

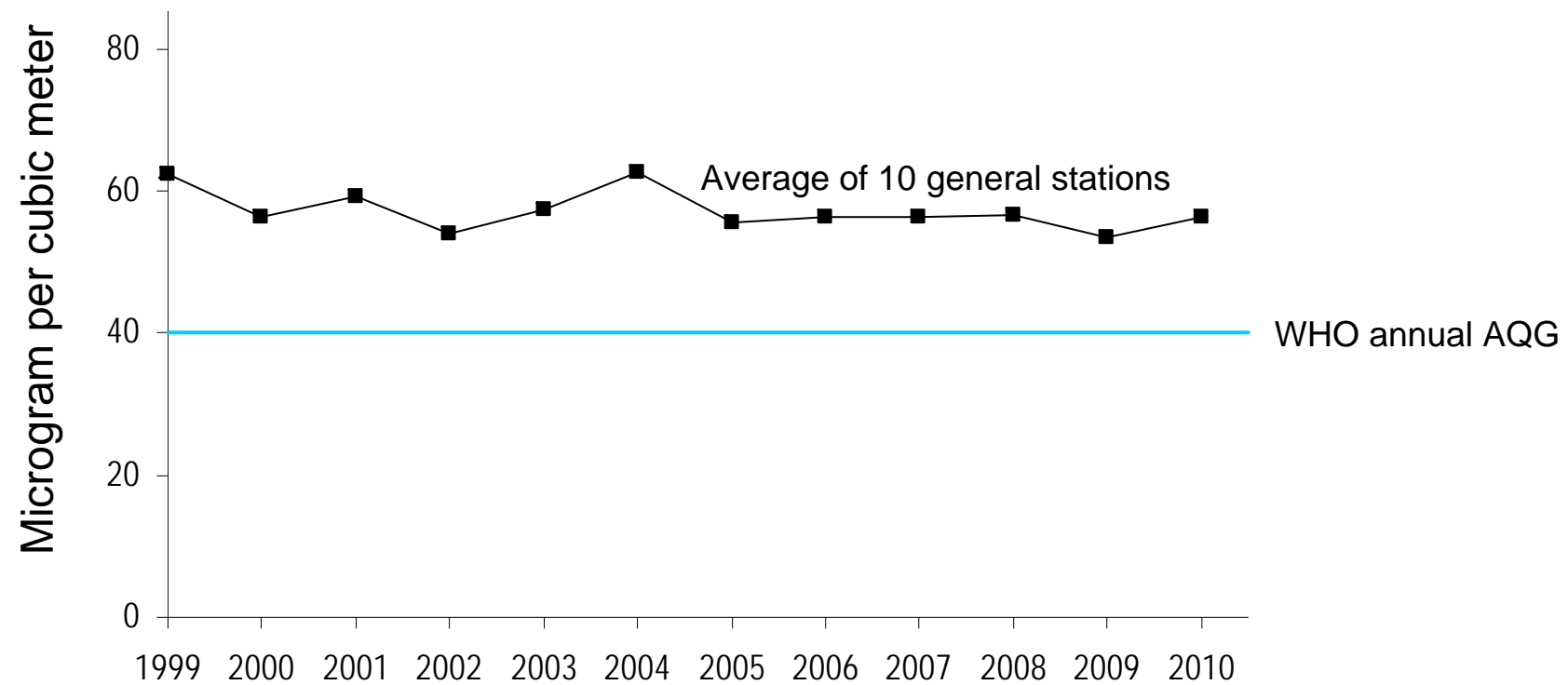




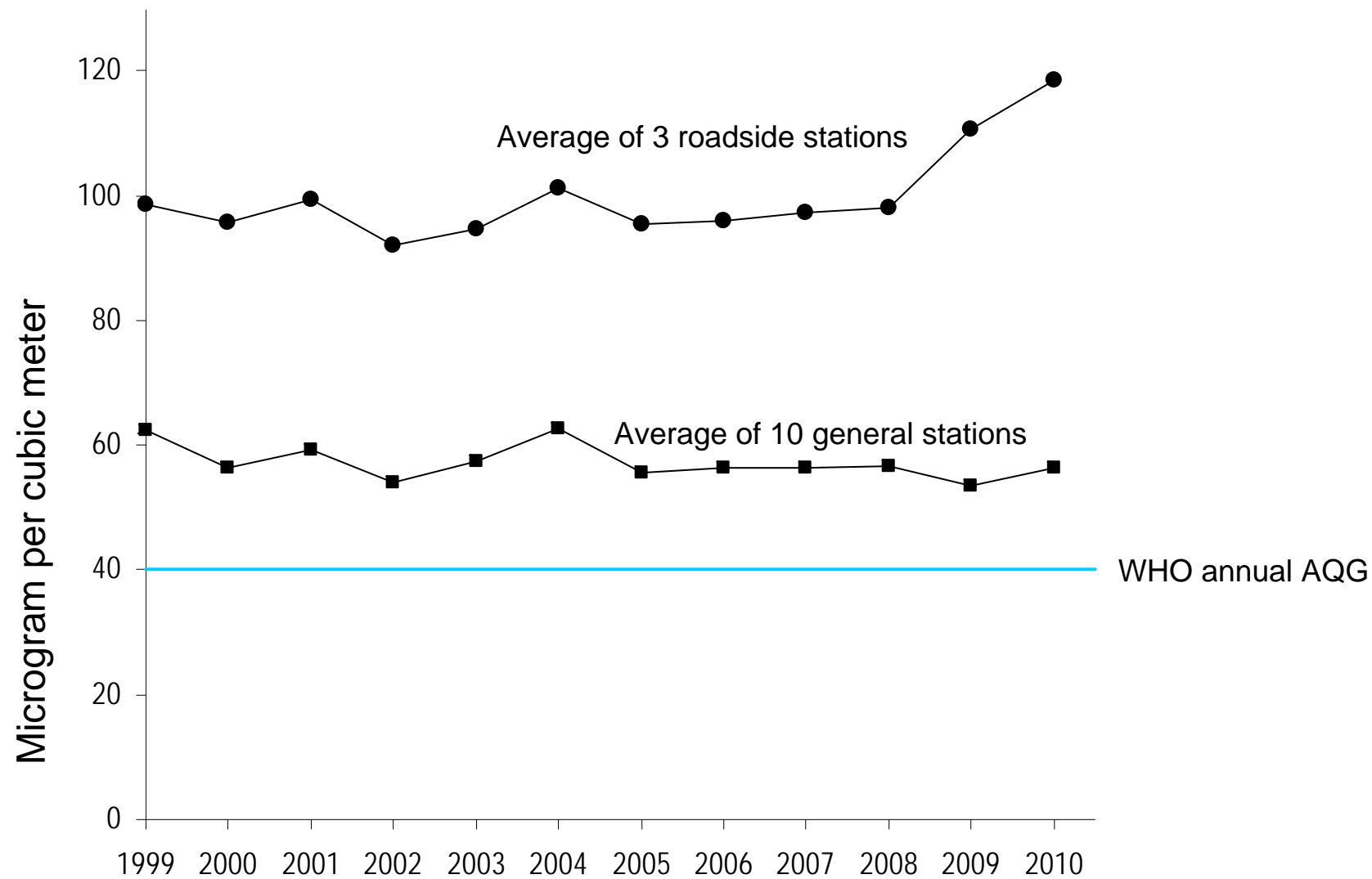
# Particulates: cool season 1998 - 2010



## Annual mean NO<sub>2</sub> concentration in 1999-2010



## Annual mean NO<sub>2</sub> concentration in 1999-2010



# Why should we care about loss of visibility?

## Health outcomes

- Mortality
- Hospital Admissions
- Healthcare costs
- Psychological impacts



## *Quality of life*

## Loss of productivity

Work and school absenteeism  
caused by illness



## Business and investment

Tourism – unattractive destination

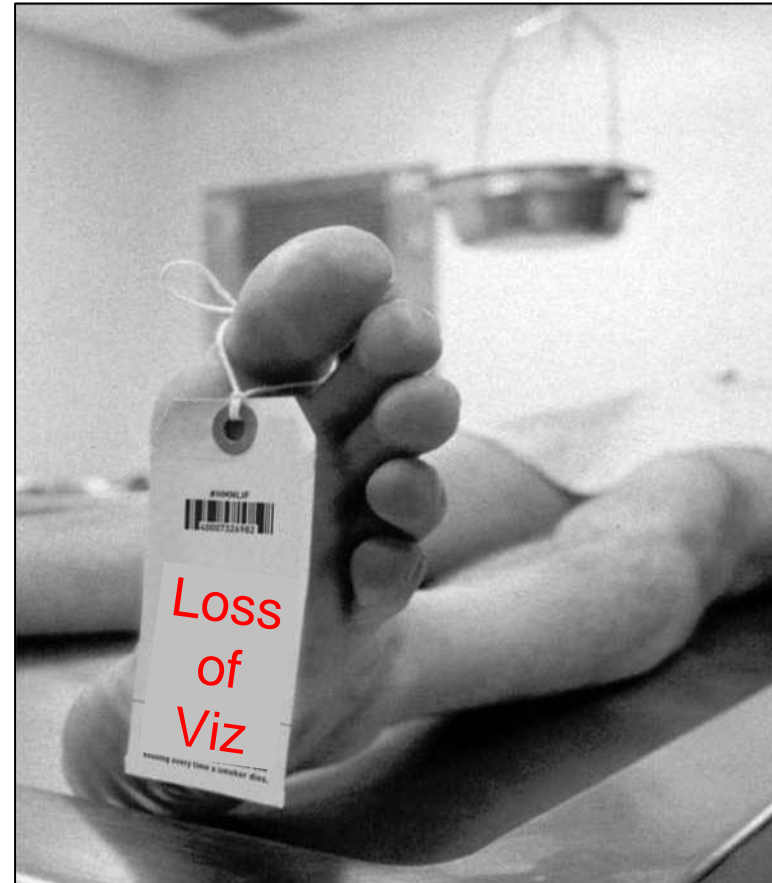
## *Brand value of Hong Kong*



# In a silent epidemic: the need for accountability

Visibility-mortality is a  
more valid health risk  
indicator than  
government API

*Body tags in the  
mortuary  
do not carry the  
diagnostic label  
“Killed By Air  
Pollutants”*



## **Need for a cohesive strategy**

- EPD rejects WHO Air Quality Guidelines
- Legco rejects EPD proposals for controls on old polluting vehicles

# Conclusions

- ***Every kilometre reduction in visibility causes 70 additional deaths per year: a total of 1200 in year 2010***
- Visibility has *face validity* and *scientific validity* as a measure of health risks from pollution
- We urge both government and Legco to adopt urgent, radical and effective measures to reduce local sources of pollutants

***Our analysis has clear implications for public health policy and is a call for immediate action to protect the health of Hong Kong.***

BMJ 2011; 2011; 342:d498 doi: 10.1136/bmj.d498 (Published 25 January 2011)

**Cite this as:** BMJ 2011; 2011; 342:d498

- News

## Hong Kong's murky skyline is linked with excess deaths

### 1. Jane Parry

+ Author Affiliations

#### 1. <sup>1</sup>Hong Kong

Hong Kong's air pollution is associated with 1200 excess deaths a year in the city, say researchers at the University of Hong Kong. For every 6.5 km reduction in visibility from a clear horizon of 30 km there is a 1.13% rise in all non-accidental causes of death, they say.

Anthony Hedley, the study's principal researcher and honorary professor of the university's School of Public Health and its Li Ka Shing Faculty of Medicine, said, "Visibility is now the most dominant feature of Hong Kong's environmental air quality problem, with serious implications for health, economic activities, and the overall status and brand value of the [territory]."

The study is one of the first of its kind to use visibility data to assess the effects on health of pollution, a method that can easily be replicated in other locations, the authors say.

The research combined 4018 days' worth of visibility measurements from 1996 to 2006 and air pollutant data on particulate matter with aerodynamic diameter  $\leq 10$  micrometres (PM<sub>10</sub>), nitrogen dioxide, sulphur dioxide, and 8 hour mean concentrations of ozone. These data were combined with death rates and causes of death, particularly cardiovascular, respiratory, and accidental deaths.

The researchers then used Poisson regression analysis to calculate the association between visibility and excess deaths with a lag of 0, 0-1, and 0-4 days, taking into account temperature, humidity, day of the week, and the epidemics of flu and severe acute respiratory syndrome that occurred during the study period.

Thach Thuan-quoc, honorary assistant professor at the School of Public Health, said, "The majority of the additional avoidable deaths were due to respiratory and cardiovascular disease."

The findings were published in *Environmental Research* in August last year (2010;110:617-23, doi:[10.1016/j.envres.2010.05.005](https://doi.org/10.1016/j.envres.2010.05.005)), but the research team waited until the winter, when Hong Kong's pollution is at its highest, to publicise the findings. Professor Hedley said, "There is a marked U shaped curve in seasonal pollutants, and it's in the winter when the biggest hit to people's health is happening."

The association between impaired visibility, suspended particulates, and greater mortality is accepted by the Hong Kong government, but using visibility as a measure is not in itself particularly useful, said a spokeswoman for Hong Kong's Environmental Protection Department. "The use of visibility would only be a surrogate for air pollution in an absence of air pollutant data. That is, however, not the case in Hong Kong," she said.

But Professor Hedley maintains that visibility is an easy measure for the lay person to understand and can also be used in places without sophisticated air quality monitoring.

"It makes it easier for community based advocates to argue their point and not have to talk in code about ozone and PM<sub>10</sub>. Just ask: 'How far can you see?' It's a repeatable, evidence based approach that is transferrable. Any place with an airstrip giving visibility readings to aviators would have the technical knowhow to gather this data."