

A BILL

To

Require all primary and secondary school students to spend at least one hour doing exercise in school every school day, in order to nurture a good habit of exercising regularly.

Enacted by the Legislative Council.

1. Short title and commencement

- (1) This Ordinance may be cited as the School Sports Ordinance.
- (2) This Ordinance shall come into operation on a day to be appointed by the Secretary for Education by notice published in the Gazette.

2. Interpretation

In this Ordinance—

secondary school (中學) means a school which provides secondary education;

primary school (小學) means a school which provides primary education;

Sports (運動) means all forms of physical activity which, follow the regular pattern of human growth, development and activities. Through light, moderate and vigorous intensities of physical exercise, skill, training and athletic competition, etc, resulting in an improvement of physical fitness and increase in energy consumption.

3. Minimum number of hours of doing exercise in schools

Each secondary or primary student to spend at least one hour doing exercise in school every school day.

School Sports Bill

Explanatory Memorandum
Paragraph 1

Explanatory Memorandum

The object of this Bill is to require all primary and secondary school students to spend at least one hour doing exercise in school every school day, in order to nurture a good habit of exercising regularly.

2. Clause 1 provides for the short title and provides for commencement.
3. Clause 2 defines certain expressions used in the Bill.
4. Clause 3 defines the minimum number of hours for each secondary or primary student to spend on doing exercise in school every school day.