"KCHDA's opinions on mental health policy" in Legco meeting on 22-11-2007

1. Overload of daytime work

Problem: Not enough time to see each patient:

- a. Number of patients per OPD session : 40 old cases + 1 new case
- b. Time for each OPD session: 3 hours for old cases and hour for new case
- c. Time for each old case: 4.5 mins (including 1 min of typing and printing prescribing sheet

Solution: a. Increase resources and manpower

- b. Try to attract the doctor to stay in HA, e.g., flexible employment and more promotion
- c. Attract the private psychiatrist to work in HA
- 2. Inadequate specialists in HK and HA -194 fellows in HK in which 119 fellows in HA

Problem: a. Not all new cases seen by specialist

- b. Consultant: SMO/AC: MO ratio is not good enough for adequate supervision, especially, for the new graduates
- c. Lack of experience in the new doctors who may miss some important clinical information from the patients

Solution: a. Increase the number of trainees in psychiatry

- b. Increase the number of senior doctors to provide sufficient supervision by whatever means, e.g., promotion
- c. Provide more training to the new graduates, including faceto-face supervision which requires more time and input from senior doctors
- 3. Crowded environment in mental hospital

Problem: a. Too many patients in one ward

b. Patients and their relatives did not like to stay in hospital even when the patients are in danger to themselves and others

c. Increased conflict and violence amongst the patients and even between the patient and the staff

Solution: a. Increase manpower to re-open some wards

- b. Increase the remission and discharge rate of the patients, e.g., more intensive treatment and using more newer medication
- c. Increase resources in community care in order to keep the patient outside the hospital but it will be more expensive than in-patient care