<u>吳松安</u>
Ng Chung On
香港市民

李佩英

Lee Pui Ying, Ada

吳浚軒

Ng Tsun Hin, Alvin

吳綺彤

Ng Yee Tung, Anthea

林穎濤

Lam Wing To 香港市民

邱家進

Yau Ka Chun

HKU Nursing student

李俊穎

Li Junying

田竣耀

Tin Chun Yiu

鄧伊玲

Tang Yi Ling

蔡麗華

Choi Lai Wa

方俊鈞

Fong Chun Kwan, Dexter

HKU Nursing student

李嘉寶

Lee Ka Po

Nurse

楊麗霞

Yeung Lai Har

現時,香港用於煙包上的煙害圖象警示有六款,但它們只佔煙包面積最少 50%,並且是由 2007 年沿用至今,漸漸削減警示作用。近年不少國家,如英國、法國、匈牙利及愛爾蘭,已擴大煙包上的煙害警示,其成效可見於首個實行 100%全煙害警示包裝的澳洲,錄得吸煙率大幅下降。可見香港對煙草包裝需要更嚴格的管制。研究指出煙害圖象警示能有效提升戒煙意慾及減低吸煙的引誘力。有見及此,我非常贊成香港的煙包煙害圖象警示面積擴大至最少佔煙包兩個表面 85%,並將圖象數目增至 12 個,同時把戒煙熱線 1833183 印在包裝上。希望有關措施能盡快落實,繼而有效減低吸煙率,提升戒煙意慾,阻止責少年開始吸煙。

何朗妮

HO LONG NI

HKU NURSING STUDENT

香港現時煙包上的煙害圖象警示只佔煙包最少 50%,而且選用的圖象由 2007 年一直沿用至今,令警示作用大大減退。近年不少國家已經實施擴大煙包上的煙害警示,澳洲甚至成為首個實行 100%全煙害警示包裝的國家,各國措施的成效顯著,有效提高戒煙意慾及減低吸煙的吸引力,他們的成功經驗提供實證予香港和其他地區仿傚。

因此,我絕對贊成將香港煙包煙害圖象警示面積擴大至最少佔煙包兩個表面 85%,並將圖象數目增至 12 個,同時亦在包裝印上戒煙熱線。希望有關措施能盡快落實,以減低煙草的吸引力,推動更多吸煙人士戒煙,及預防青少年開始吸煙,保障公眾健康。同時亦希望政府確立於未來兩至三年推行「全煙害警示包裝」,並制定長遠及全面的控煙政策,加強教育及宣傳推廣並提升戒煙服務及執法等,進一步降低香港的吸煙率,以免市民受到煙草及二手煙的傷害。

黄煒恩 Wong Wai Yan HKU Nursing Student 香港現時煙包上的煙害圖象警示只佔煙包最少 50%,而且選用的圖象由 2007 年一直沿用至今,令警示作用大大減退。近年不少國家已經實施擴大煙包上的煙害警示,澳洲甚至成為首個實行 100%全煙害警示包裝的國家,可見香港對煙草產品的包裝需要更嚴格的措施。研究指出煙害圖象警示能有效提高戒煙意慾及減低吸煙的吸引力。除此之外,我也贊成調高煙稅,減低人們購買意慾。我贊成將香港煙包煙害圖象警示面積擴大至最少佔煙包兩個表面 85%,並將圖象數目增至 12 個,同時亦在包裝印上戒煙熱線 1833183。希望有關措施能盡快落實,從而減低吸煙率及提升戒煙意慾,並防止青少年開始吸煙。

張曉富 CHEUNG HIU FU HKU NURSING STUDENT 近年不少國家均已對煙草產品包裝推行更嚴格及有效的措施,澳洲於2012年成為首個實施「全煙害警示包裝」的國家後,吸煙率錄得大幅度的下降,可見有關措施有效提升戒煙意欲及預防青少年開始吸煙。而英國、法國、匈牙利及愛爾蘭分別於2016及2017年落實有關措施,並將陸續有更多國家採用。另一方面,不少國家已經擴大煙包上的煙害圖象警示,例如尼泊爾(90%)、印度(85%)、泰國(85%)及烏拉圭(80%)。由此可見,各國措施的成效顯著,我絕對支持香港仿傚其他國家實施有效的措施,從而提高市民戒煙的意欲,以及提升市民對此的關注度。

Best Regards Lee Wai Sum HKU NURSING STUDENT 香港政府單單規定現時煙包上之煙害圖象警示只佔煙包『最少一半』;此外,選用的圖象由 2007 年一直沿用至今,距今已約十年,因此本人認為其阻嚇性已經不足。反觀不少國家早已經實施擴大煙包上之煙害警示:澳洲甚至成為首個實行 100%全煙害警示包裝的國家。相比香港,其煙草產品的包裝實在過時,宜效法外國擴大該警示之面積比例。

若研究指出煙害圖象警示能有效提高戒煙意慾及減低吸煙的吸引力,本人相信增加其面積比例,方能相對增加吸煙之阻嚇性。

因此,我絕對贊成將香港煙包煙害圖象警示面積擴大至最少佔煙包兩個表面 85%,並 將圖象數目增至 12 個,同時亦在包裝印上戒煙熱線 1833183。希望有關措施能盡快落 實,減低吸煙率及提升戒煙意慾之餘,亦使得青少年之吸煙率續漸下降。

莊鈞達 Chong Kwan Tat HKU Nursing student 雖然香港政府近年來為減低市民吸煙的數目增加煙草稅,但未見政府對香煙上的煙害圖作出任何修改和更新。圖象已經沿用十年,令阻嚇性減。根據香港大學公共衛生學院的調查,近八成受訪者支持「全煙害警示包裝」以取代現時只有50%的包裝圖象,本人亦十分支持。我建議政府定期更新香煙圖象,並增加圖片的警嚇性,令煙民有更強的決心戒煙。希望政府考慮以上建議,從而減少煙民數目和保障非吸煙者的健康。

黎珞婷 Lai Lok Ting HKU Nursing student 我贊成擴大煙包上的煙害圖象警示至佔煙包面積的 85%。根據委員會委託香港大學公共衞生學院進行的「控煙政策調查 2016」,公眾對於加強煙包煙害圖象警示的支持度很高,例如支持顯示更具警嚇力的煙害警示 (79.5%),以及定期轉換煙害警示(69.9%)。此外,香港現時使用的六款煙害圖象警示最少佔煙包面積 50%,但警示作用逐漸消退。研究證實煙害圖象警示可以有效減低吸煙的吸引力、提高戒煙意欲及預防青少年開始吸煙。將圖象警示面積擴大可以教育和提高吸煙人士及市民對煙草禍害的認識。因此,我十分贊成擴大煙包上的煙害圖象警示至佔煙包面積的 85%。

陳淑君 Chan Shuk Kwan HKU Nursing Student 近年不少國家已經實施擴大煙包上的煙害警示,其中澳洲甚至成為首個實行 100%全煙害警示包裝的國家。有研究指出煙害圖象警示能有效提高戒煙意慾及減低吸煙的吸引力。然而,香港現時煙包上的煙害圖象警示只佔煙包最少 50%,而且選用的圖象由 2007年一直沿用至今,令警示作用大大減退。可見,香港對煙草產品的包裝需要更嚴格的措施。有見及此,我絕對贊成將香港煙包煙害圖象警示面積擴大至最少佔煙包兩個表面 85%,並將圖象數目增至 12 個,同時亦在包裝印上戒煙熱線 1833183。希望有關措施能盡快落實,從而減低吸煙率及提升戒煙意慾,並防止青少年開始吸煙。

Cheung Yik Huen 張弋萱 HKU Nursing Student

黃思齊 Wong Sze Chai 香港市民

Support for Amendments to Health Warnings on Tobacco Product Packets and Retail Containers

I am writing to express my support for the enlargement of graphic health warnings and increasing the number of the warnings on tobacco product packets and retail containers as proposed by the Food and Health Bureau. Smoking affects the health of not only smokers but also by-standers. Although the smoking prevalence in Hong Kong may seem low, more measures are needed to further reduce the harms brought about by smoking.

Tobacco product packets are an important channel of disseminating smoking risk information to smokers as they can be exposed to the information whenever they pick up the packets. Graphic health warnings are easy to understand and cost-effective, and have been proved to be effective in promoting smoking cessation. Some countries, such as Australia and the UK, have already implemented or are going to implement plain packaging. While plain packaging have not yet been adopted, the graphic health warnings are even more important to deter smoking. Compared with other tobacco control measures, such as tax increase, enlarging the health warnings and increasing the number of warnings shall be more likely to be better accepted by the public, including smokers, and easier to enforce.

I sincerely hope that the legislative council would consider my view and support the captioned amendments.

Submitted by, LEUNG Lok Tung, MPhil PhD candidate School of Public Health University of Hong Kong

17 May 2017

香港現時煙包上的煙害圖象警示只佔煙包最少 50%,而且選用的圖象由 2007 年一直沿用至今,令警示作用大大減退。近年不少國家已經實施擴大煙包上的煙害警示,澳洲甚至成為首個實行 100%全煙害警示包裝的國家,由此可見香港對煙草產品的包裝需要更嚴格的措施。研究指出煙害圖象警示可有效提高戒煙意慾及減低吸煙的吸引力。有見及此,我十分贊成將香港煙包煙害圖象警示面積擴大至最少佔煙包兩個表面 85%,並將圖象數目增至 12 個,還有在包裝印上戒煙熱線 1833183。希望有關措施能盡快落實,從而減低吸煙率及提升戒煙意慾,以及防止青少年開始吸煙。

湯藝韻

Tong Ngai Wan

HKU Nursing Student

黎曉怡

Lai Hiu Yi

HKU Nursing student

張永生 Cheung Wing San 香港市民

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Support for Amendments to Health Warnings on Tobacco Product Packets and Retail Containers

I, CHEN Jianjiu, a research staff in the School of Public Health of the University of Hong Kong, strongly support the captioned amendments, which include expanding the size of health warnings to cover 85% of the largest two sides of cigarette packets, and increasing the number of graphic health warnings from 6 to 12, etc.

In Hong Kong, tobacco smoke is estimated to cause 7000 preventable deaths and over HK\$5.3 billion economic loss each year. The tobacco industry, whose interests are exactly the opposite with those of the public, has been a disease vector in initiating and perpetuating the tobacco epidemic. The tobacco industry has a long history using various tactics to resist government's tobacco control policies, such as buying scientific expertise to create controversy over tobacco harm, hiring lobbyists to influence policy-making, corrupting government officials, etc.

The proposed amendments to increase the size of pictorial health warnings on cigarette packages, which are currently discussed in the Hong Kong's legislature, are also strongly opposed by the tobacco industry. The industry argued that this measure will increase the trade of illicit cigarettes, but there is no scientific basis for such argument whatsoever. Indeed, it is widely known in the tobacco control community that the industry's opposition of a certain policy is just a good indication that the policy will be effective, a phenomenon known as the "scream test". Moreover, high quality research conducted in Hong Kong and other populations all support that this measure will contribute to smoking prevention and promote cessation.

Therefore, I sincerely hope that legislators in Hong Kong will heed the scientific evidence on the benefit of strengthening pictorial health warnings, and to lend their support to the proposed amendments.

Jianjiu CHEN, MPhil Research Assistant School of Public Health University of Hong Kong

17 May 2017

田珂欣

<u>Candace</u>

HKU MPH Student

楊麗霞

Yeung Lai Har

Dear Sir/ Madam,

I strongly agree with the amendments that SFH has proposed. Being a first year medical student, it is shocking to hear how many non-communicable diseases have stemmed from cigarette smoking, be that impacting the smoker or those around them through second hand smoke and third hand smoke. From the suffering inflicted on the health of the aforementioned parties, or the increasing health burden that these cigarette-related diseases is posing on our healthcare system, I sincerely hope that SFH could amend the proposed policy. In particular, I believe by making the area of the graphic warning covering at least 85% of two largest surfaces of the packet, it can greatly enhance the impact and raise people's awareness towards the deleterious effect on smoking. Furthermore, if coupled to the health warning message "QUIT SMOKING FOR FUTURE GENERATIONS/ Quitline: 1833183," it will augment the effect. I sincerely hope that through legislating these amendments, there could be fewer deaths and suffering in Hong Kong.

Yours sincerely, Chau, Charlene HKU MBBS Year 1