



中華人民共和國香港特別行政區政府總部食物及衛生局
Food and Health Bureau, Government Secretariat
The Government of the Hong Kong Special Administrative Region
The People's Republic of China

Our ref. : FHB/F/5/1/30/1
Your ref. :

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2 August 2018

Miss Josephine SO
Clerk to Panel on Food Safety and Environmental Hygiene
Legislative Council Secretariat
Legislative Council Complex
1 Legislative Council Road
Central, Hong Kong
(Fax: 2509 9055)

Dear Miss So,

**Legislative Council Panel on Food Safety and Environmental Hygiene
Supplementary Information on
the Second Hong Kong Population-based Food Consumption Survey**

At the meeting of the Legislative Council Panel on Food Safety and Environmental Hygiene held on 8 May 2018, Members requested supplementary information on the Second Hong Kong Population-based Food Consumption Survey (the Survey). The relevant information is set out as follows –

The Centre for Food Safety (CFS) of the Food and Environmental Hygiene Department commissioned a survey company to conduct the Survey, which covers 5 000 respondents aged 18 or above among the land-based non-institutional population of Hong Kong. Individual households are randomly selected, and one member from each selected household is then randomly selected as the respondent. Two interviews will be conducted for each respondent, and his/her responses will be recorded by the interviewer. In the first interview, the interviewer will request the respondent to provide information on the foods and beverages consumed in a specific 24-hour period (24-hour diet recall) and his/her consumption of certain foods and beverages in the past 12 months (food frequency questionnaire). In the second interview, the respondent is only required to provide information of the 24-hour diet recall.

The 24-hour diet recall is an internationally recognised standard procedure for conducting food consumption surveys. A sample of the 24- hour diet recall questionnaire adopted for the Survey is at Annex 1. The interviewer will invite the respondent to recall all the foods and beverages consumed in the previous day. Based on his/her response, the interviewer will raise follow-up questions to collect detailed dietary intake information from the respondent, with a view to understanding the types and the consumption level of the foods and beverages commonly consumed by the public. During the interview, the interviewer will show to the respondent images of food items and certain common tableware (e.g. bowl, plate, cup, tablespoon, etc.) to facilitate him/her in providing information on the quantity of foods and beverages consumed more easily and accurately.

The food frequency questionnaire is a complementary tool to collect food consumption data of the Hong Kong population, so as to understand the consumption data of foods and beverages that may not be consumed all year round by the public but still constitute an integral part of their dietary habits. A sample of the food frequency questionnaire adopted for the Survey is at Annex 2. When selecting individual food and beverage items for inclusion in the questionnaire, CFS' key consideration was the significance of the relevant information to its risk assessment work.

Yours sincerely,

A handwritten signature in black ink, appearing to be 'Chelsea Wong', written in a cursive style.

(Chelsea WONG)

for Secretary for Food and Health

c.c.: Controller, Centre for Food Safety, Food and Environmental Hygiene
Department (Attn: Dr. Samuel YEUNG)

The Second Hong Kong Population-based Food Consumption Survey

Conducted for Centre for Food Safety of Food and Environmental Hygiene Department
by Policy 21 Limited

24-hour Dietary Recall Questionnaire

General Information

1. Serial No. : _____
2. Respondent Code : _____
3. Interviewer ID : _____
4. Date of Interview : - - 20
 d d m m y y
5. Day : Mon / Tues / Wed / Thu / Fri / Sat / Sun
6. Time Start : :
7. Time End : :
8. Interview Day Sequence : Day 1 / Day 2

Introduction :

This part of the interview is to enable us to find out what you have eaten the previous day. All that you have eaten including drinks, snacks, sauces, spices, and salad dressings will need to be recalled. We brought with us some eating utensils. We also brought photos of some portion-sized pictures of selected food items and eating utensils, which could help you to recall the amount of food eaten.

There is no right or wrong answer in this interview. You only need to tell me what you have actually eaten. Do you have any questions? If not, let's start.

Individual Intake Form

Quick List of Food Items	Column 1			Column 2						Column 3	Column 4	
	A. Time	B. Meal occasion	C. Place of meal consumed	A. Description of Food/Drink	B. Cooking method	C. Seasoning added	D. Kind of salt added	E. Savoury sauce added	F. Kind of cooking oil added	How much of this (Food/Drink) did you actually (eat/drink)?	A. Description of water consumed	B. How much of this water did you actually drink?

Column 1B – Meal occasion

- | | | | |
|--------------|-------------------------------------|----------|-------------------------------|
| 1. Breakfast | 2. Brunch | 3. Lunch | 4. Afternoon Tea |
| 5. Dinner | 6. Late night meal | 7. Fruit | 8. Food and/or beverage break |
| 9. Snack | 10. Beverages, alcoholic and others | | |

Column 1C – Place of meal consumed

- | | | | |
|---|--|-----------------------------|----------------------|
| 1. Home | 2. Restaurant/cafeteria/fast food shop/ deli | 3. Bar/lounge | 4. Food stall/hawker |
| 5. Canteen (e.g. work/university canteen) | 6. Work place | 7. School | 8. Day care |
| 9. Friend's/relative's home | 10. Outdoor (e.g. picnic, BBQ) | 11. Others (Please specify) | 12. Forgot |
| 13. Refused | | | |

Column 2B – Cooking method

- | | | | |
|----------------------------------|-----------------------|--------------------------|-----------------------------|
| 1. Ready-to-eat/ consumed as raw | 2. Cooked in water | 3. Steamed/double-boiled | 4. Stewed/braised |
| 5. Stir-fried | 6. Pan-fried | 7. Deep-fried | 8. Baked/roasted |
| 9. Toasted | 10. Barbecued/grilled | 11. Microwave | 12. Others (Please specify) |

Column 2C – Seasoning type

- | | | | |
|-----------------------------|---------------------------------------|-----------------------|--------------------------|
| 1. Seasoning for vegetables | 2. Seasoning for beef | 3. Seasoning for pork | 4. Seasoning for poultry |
| 5. Seasoning for egg | 6. Seasoning for egg (stir/pan-fried) | 7. Seasoning for fish | 8. Seasoning for seafood |
| 9. Seasoning in general | | | |

Column 2D – Kind of Salt

- | | | | |
|-----------------|-----------------------------|--|---|
| 1. Iodised salt | 2. Iodised salt, low sodium | 3. Other kind of salt (Please specify) | 4. Other kind of salt substitute (Please specify) |
| 5. Table salt | 6. Table salt, low sodium | 7. Unknown | |

Column 2E – Savoury sauce

- | | | | |
|--------------------------------------|---|---------------------------------------|------------------------------------|
| 1. Oyster sauce (item not specified) | 2. “Chu-hou” paste | 3. “Hoi-sin” sauce | 4. Abalone sauce |
| 5. Barbecue sauce | 6. Black pepper sauce | 7. Black soybean paste | 8. Black soybean sauce |
| 9. Brown sauce | 10. Chilli broad bean paste/chilli bean paste (Toban sauce) | 11. Chilli paste | 12. Chilli sauce |
| 13. Chilli sauce, Guilin-style | 14. Chilli sauce, Thai-style | 15. Clam sauce | 16. Concentrated chicken stock |
| 17. Curry sauce | 18. Fermented soya bean paste | 19. Garlic sauce | 20. Hollandaise sauce |
| 21. Hot and sour sauce | 22. Hot and spicy sauce, Sichuan-style | 23. Laksa Paste | 24. Lemon sauce |
| 25. Miso paste | 26. Mustard | 27. Onion sauce | 28. Portuguese sauce |
| 29. Red braising sauce | 30. Sa Cha sauce | 31. Salsa | 32. Satay sauce |
| 33. Sesame seed paste | 34. Shrimp paste | 35. Sour plum sauce | 36. Spaghetti sauce |
| 37. Supreme sauce | 38. Sweet and sour sauce | 39. Sweet bean paste | 40. Sweet chilli sauce, Thai-style |
| 41. Swiss sauce | 42. Tartar sauce | 43. Teriyaki sauce/Eel teriyaki sauce | 44. Tomato paste or Catsup/Ketchup |
| 45. White sauce | 46. Other kind of savoury sauces (Please specify) | | |

Column 2F – Cooking Oil

- | | | | |
|--|-------------------|--|---|
| 1. Beef tallow | 2. Butter | 3. Fish oil | 4. Lard |
| 5. Mutton tallow | 6. Poultry fat | 7. Animal fats and oils (item not specified) | 8. “Tea seed” oil |
| 9. Camellia oil | 10. Canola oil | 11. Corn oil | 12. Cottonseed oil |
| 13. Grapeseed oil | 14. Linseed oil | 15. Margarine | 16. Olive oil |
| 17. Peanut oil | 18. Rapeseed oil | 19. Safflower oil | 20. Shortening |
| 21. Soybean oil | 22. Sunflower oil | 23. Topical palm oil | 24. Other kind of vegetable oils (Please specify) |
| 25. Other kind of fats and oils (Please specify) | 26. Unknown | | |

Column 4A – Drinking Water

- | | | | |
|---|---------------------------|---------------------------------|--------------|
| 1. Bottled distilled water | 2. Bottled drinking water | 3. Bottled mineral/spring water | 4. Tap water |
| 5. Other kind of water (Please specify) | 6. Not applicable | | |

Dietary Practice

1. Current dietary habit:

- (00) No special diet, I eat almost everything
- (01) Ovo-lacto-vegetarian
- (02) Vegan (i.e. strict vegetarian)
- (03) Dietary management regime
- (04) Diet for lactating mothers
- (05) Other special diet (Please specify): _____

2. Unusual intake / special day meal:

- (1) Usual (2) Less than Usual (Go to question 2a)
- (3) More than usual (Go to question 2b)

2a. Main reason for eating less than usual:

- (01) Sickness
- (02) Short of money
- (03) Travelling
- (04) At a social function, special meal or on a special day
- (05) On vacation or day off
- (06) Too busy
- (07) Not hungry
- (08) Dieting
- (09) Fasting
- (10) Bored
- (11) Stressed
- (12) Other (Specify): _____

2b. Main reason for eating more than usual:

- (01) Travelling
- (02) At a social function, special meal or on a special day
- (03) On vacation or day off
- (04) Very hungry
- (05) Bored
- (06) Stressed
- (07) Minimise food waste
- (08) Other (Specify): _____

Thank you for your cooperation !

Interview Information

1. Did you or the respondent have difficulty with this intake interview?
(1) Yes (2) No
2. What was the reason for this difficulty? _____
3. Interview method:
(1) In-person (2) Telephone
4. Place of interview:
(1) Respondent's home (2) Interview centre
(3) Others (Specify): _____
5. Interview completed with the help of other family members or someone else:
(1) Yes (2) No
6. Remark: _____

The Second Hong Kong Population-based Food Consumption Survey

Conducted for Centre for Food Safety of Food and Environmental Hygiene Department
by Policy 21 Limited

Food Frequency Questionnaire

Part 1: General Information

1. Serial No. : _____
2. Respondent Code : _____
3. Interviewer ID : _____
4. Date of Interview : --20
d d m m y y
5. Time Start : :
6. Time End : :
7. Interview Method : (1) In-Person
(2) Telephone
8. Place of Interview : (1) Respondent's home
(2) Interview centre
(3) Other (Specify): _____
9. Remarks : _____

Introduction:

I'd like to ask about your eating patterns over the past 12 months. Please tell me over the past 12 months if you ever ate each of the foods I ask you. If you didn't eat any of the food over the past 12 months, we will go to the next food; if you ate the food in past 12 months, please tell me how often you ate it and how much you ate each time. If you know the amount in g/oz/tael, you can tell me so. If not, we have portion-sized photo for each food item that you can refer to. There is no right/wrong answer for each question. If you want to make any changes be sure to let me know. If you don't have any questions, could we start now?

Part2: Food Intake Information

Over the past 12 months...

1. Cooked swordfish

1a. How often did you eat **Cooked swordfish**?

- (00) Never (Go to question 2)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

1b. How many times did you eat in the selected period interval?
_____ time(s)

1c. Each time you ate **Cooked swordfish**, how much did you usually eat?

- (1) _____ Serving A
- (2) _____ g
- (3) _____ oz
- (4) _____ Tael

2. Swordfish sashimi

2a. How often did you eat **Swordfish sashimi**?

- (00) Never (Go to question 3)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

2b. How many times did you eat in the selected period interval?
_____ time(s)

2c. Each time you ate **Swordfish sashimi**, how much did you usually eat?

- (1) _____ Serving A
- (2) _____ g

3. Swordfish sushi

3a. How often did you eat **Swordfish sushi**?

- (00) Never (Go to question 4)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

3b. How many times did you eat in the selected period interval?
_____ time(s)

3c. Each time you ate **Swordfish sushi**, how much did you usually eat?

- (1) _____ Serving A
- (2) _____ g

4. Canned tuna

4a. How often did you eat **Canned tuna**?

- (00) Never (Go to question 5)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

4b. How many times did you eat in the selected period interval?
_____ time(s)

4c. Each time you ate **Canned tuna**, how much did you usually eat?

- (1) _____ Serving A
- (2) _____ Serving B
- (3) _____ g
- (4) _____ oz

5. Cooked tuna

5a. How often did you eat **Cooked tuna**?

- (00) Never (Go to question 6)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

5b. How many times did you eat in the selected period interval?

_____ time(s)

5c. Each time you ate **Cooked tuna**, how much did you usually eat?

- (1) _____ Serving A
- (2) _____ g
- (3) _____ oz
- (4) _____ Tael

6. Tuna sashimi

6a. How often did you eat **Tuna sashimi**?

- (00) Never (Go to question 7)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

6b. How many times did you eat in the selected period interval?

_____ time(s)

6c. Each time you ate **Tuna sashimi**, how much did you usually eat?

- (1) _____ Serving A
- (2) _____ g

7. Tuna sushi

7a. How often did you eat **Tuna sushi**?

- (00) Never (Go to question 8)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

7b. How many times did you eat in the selected period interval?

_____ time(s)

7c. Each time you ate **Tuna sushi**, how much did you usually eat?

- (1) _____ Serving A
- (2) _____ g

8. Smoked fish

8a. How often did you eat **Smoked fish**?

- (00) Never (Go to question 9)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

8b. How many times did you eat in the selected period interval?

_____ time(s)

8c. Each time you ate **Smoked fish**, how much did you usually eat?

- (1) _____ Serving A
- (2) _____ g
- (3) _____ oz
- (4) _____ Tael

9. Cooked oysters [Remarks: Other than dried oyster]

9a. How often did you eat **Cooked oysters**?

- (00) Never (Go to question 10)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

9b. How many times did you eat in the selected period interval?

_____ time(s)

9c. Each time you ate **Cooked oysters**, how much did you usually eat?

- (1) _____ Serving A
- (2) _____ Serving B
- (3) _____ g
- (4) _____ oz
- (5) _____ Tael

10. Raw oysters [Remarks: Eaten at raw state]

10a. How often did you eat **Raw oysters**?

- (00) Never (Go to question 11)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

10b. How many times did you eat in the selected period interval?

_____ time(s)

10c. Each time you ate **Raw oysters**, how much did you usually eat?

- (1) _____ Serving A
- (2) _____ g
- (3) _____ oz
- (4) _____ Tael

11. Dried oysters

11a. How often did you eat **Dried oysters**?

- (00) Never (Go to question 12)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

11b. How many times did you eat in the selected period interval?

_____ time(s)

11c. Each time you ate **Dried oysters**, how much did you usually eat?

- (1) _____ Serving A
- (2) _____ g
- (3) _____ oz
- (4) _____ Tael

12. Shark's fin

12a. How often did you eat **Shark's fin**?

- (00) Never (Go to question 13)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

12b. How many times did you eat in the selected period interval?

_____ time(s)

12c. Each time you ate **Shark's fin**, how much did you usually eat?

- (1) _____ Serving A
- (2) _____ Serving B
- (3) _____ Serving C
- (4) _____ g
- (5) _____ oz
- (6) _____ Tael

13. Shark's fin edges

13a. How often did you eat **Shark's fin edges**?

- (00) Never (Go to question 14)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

13b. How many times did you eat in the selected period interval?
_____ time(s)

13c. Each time you ate **Shark's fin edges**, how much did you usually eat?

- (1) _____ Serving A
- (2) _____ g
- (3) _____ oz
- (4) _____ Tael

14. Jelly fish

14a. How often did you eat **Jelly fish**?

- (00) Never (Go to question 15)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

14b. How many times did you eat in the selected period interval?
_____ time(s)

14c. Each time you ate **Jelly fish**, how much did you usually eat?

- (1) _____ Serving A
- (2) _____ Serving B
- (3) _____ g
- (4) _____ oz
- (5) _____ Tael

15. Mantis shrimp

15a. How often did you eat **Mantis shrimp**?

- (00) Never (Go to question 16)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

15b. How many times did you eat in the selected period interval?
_____ time(s)

15c. Each time you ate **Mantis shrimp**, how much did you usually eat?

- (1) _____ Serving A
- (2) _____ Serving B
- (3) _____ g
- (4) _____ oz
- (5) _____ Tael

16. Coral clams

16a. How often did you eat **Coral clams**?

- (00) Never (Go to question 17)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

16b. How many times did you eat in the selected period interval?
_____ time(s)

16c. Each time you ate **Coral clams**, how much did you usually eat?

- (1) _____ Serving A
- (2) _____ g
- (3) _____ oz
- (4) _____ Tael

17. Seaweeds [Remarks: not include snack type seaweed]

17a. How often did you eat **Seaweeds**?

- (00) Never (Go to question 18)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

17b. How many times did you eat in the selected period interval?

_____ time(s)

17c. Each time you ate **Seaweeds**, how much did you usually eat?

- (1) _____ Serving A
- (2) _____ Serving B
- (3) _____ g
- (4) _____ oz
- (5) _____ Tael

18. Seaweed (pre-packed, snack type)

18a. How often did you eat **Seaweed (pre-packed, snack type)**?

- (00) Never (Go to question 19)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

18b. How many times did you eat in the selected period interval?

_____ time(s)

18c. Each time you ate **Seaweed (pre-packed, snack type)**, how much did you usually eat?

- (1) _____ Serving A
- (2) _____ g

19. Dried apricot

19a. How often did you eat **Dried apricot**?

- (00) Never (Go to question 20)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

19b. How many times did you eat in the selected period interval?

_____ time(s)

19c. Each time you ate **Dried apricot**, how much did you usually eat?

- (1) _____ Serving A
- (2) _____ g
- (3) _____ oz
- (4) _____ Tael

20. Pickled/dried olive

20a. How often did you eat **Pickled/dried olive**?

- (00) Never (Go to question 21)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

20b. How many times did you eat in the selected period interval?

_____ time(s)

20c. Each time you ate **Pickled/dried olive**, how much did you usually eat?

- (1) _____ Serving A
- (2) _____ g
- (3) _____ oz

21. Corn flakes

21a. How often did you eat **Corn flakes**?

- (00) Never (Go to question 22)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

21b. How many times did you eat in the selected period interval?

_____ time(s)

21c. Each time you ate **Corn flakes**, how much did you usually eat?

- (1) _____ Serving A
- (2) _____ Serving B
- (3) _____ Serving C
- (4) _____ g
- (5) _____ oz

22. Microwave popcorn

22a. How often did you eat **Microwave popcorn**?

- (00) Never (Go to question 23)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

22b. How many times did you eat in the selected period interval?

_____ time(s)

22c. Each time you ate **Microwave popcorn**, how much did you usually eat?

- (1) _____ Serving A
- (2) _____ Serving B
- (3) _____ g
- (4) _____ oz

23. Diet soft drinks/Drinks sweetened with artificial/ intense sweeteners

23a. How often did you drink **Diet soft drinks/ Drinks sweetened with artificial/ intense sweeteners**?

- (00) Never (Go to question 24)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

23b. How many times did you drink in the selected period interval?

_____ time(s)

23c. Each time you drank **Diet soft drinks/ Drinks sweetened with artificial/ intense sweeteners**, how much did you usually drink?

- (1) _____ Serving A
- (2) _____ Serving B
- (3) _____ Serving C
- (4) _____ Serving D
- (5) _____ ml
- (6) _____ fl oz

24. Energy drink

24a. How often did you drink **Energy drink**?

- (00) Never (Go to question 25)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

24b. How many times did you drink in the selected period interval?

_____ time(s)

24c. Each time you drank **Energy drink**, how much did you usually drink?

- (1) _____ Serving A
- (2) _____ Serving B
- (3) _____ Serving C
- (4) _____ Serving D
- (5) _____ ml
- (6) _____ fl oz

25. Prune juice

25a. How often did you drink **Prune juice**?

- (00) Never (Go to question 26)
- (01) Every day
- (02) Every week
- (03) Every month
- (04) Every year
- (05) Don't know

25b. How many times did you drink in the selected period interval?
_____ time(s)

25c. Each time you drank **Prune juice**, how much did you usually drink?

- (1) _____ Serving A
- (2) _____ Serving B
- (3) _____ ml
- (4) _____ fl oz

26. Chinese New Year pudding

26a. Over the past 12 months, did you eat **Chinese New Year pudding**?

- (00) No (Go to question 27)
- (05) Don't know (Go to question 27)
- (01) Yes

26b. How many times did you eat during the Chinese New Year?

- (00) Never (Go to question 27)
- (05) Don't know (Go to question 27)
- (01) _____ times

26c. Each time you ate **Chinese New Year pudding** during the Chinese New Year, how much did you usually eat?

- (1) _____ Serving A
- (2) _____ g
- (3) _____ oz
- (4) _____ Tael

27. Chinese New Year sweetened fruit and vegetables [Remarks: Such as glace winter melon, glace lotus seed, glace coconut]

27a. Over the past 12 months, did you eat **Chinese New Year sweetened fruit and vegetables**?

- (00) No (Go to question 28)
- (05) Don't know (Go to question 28)
- (01) Yes

27b. How many times did you eat during the Chinese New Year?

- (00) Never (Go to question 28)
- (05) Don't know (Go to question 28)
- (01) _____ times

27c. Each time you ate **Chinese New Year sweetened fruit and vegetables** during the Chinese New Year, how much did you usually eat?

- (1) _____ Serving A
- (2) _____ g
- (3) _____ oz
- (4) _____ Tael

28. Crispy triangle

28a. Over the past 12 months, did you eat **Crispy triangle**?

- (00) No (Go to question 29)
- (05) Don't know (Go to question 29)
- (01) Yes

28b. How many times did you eat during the Chinese New Year?

(00) Never (Go to question 29)

(05) Don't know (Go to question 29)

(01) _____ times

28c. Each time you ate **Crispy triangle** during the Chinese New Year, how much did you usually eat?

(1) _____ Serving A

(2) _____ g

(3) _____ oz

(4) _____ Tael

29. Sesame ball

29a. Over the past 12 months, did you eat **Sesame ball**?

(00) No (Go to question 30)

(05) Don't know (Go to question 30)

(01) Yes

29b. How many times did you eat during the Chinese New Year?

(00) Never (Go to question 29d)

(05) Don't know (Go to question 29d)

(01) _____ times

29c. Each time you ate **Sesame ball** during the Chinese New Year, how much did you usually eat?

(1) _____ Serving A

(2) _____ Serving B

(3) _____ Serving C

(4) _____ g

(5) _____ oz

(6) _____ Tael

29d. How many times did you eat during the rest of the year?

(00) Never (Go to question 30)

(05) Don't know (Go to question 30)

(01) _____ times

29e. Each time you ate **Sesame ball** during the rest of the year, how much did you usually eat?

(1) _____ Serving A

(2) _____ Serving B

(3) _____ Serving C

(4) _____ g

(5) _____ oz

(6) _____ Tael

30. Melon seeds [Remarks: Such as red and black melon seed, pumpkin seed, sunflower seed]

30a. Over the past 12 months, did you eat **Melon seeds**?

(00) No (Go to question 31)

(05) Don't know (Go to question 31)

(01) Yes

30b. How many times did you eat during the Chinese New Year?

(00) Never (Go to question 30d)

(05) Don't know (Go to question 30d)

(01) _____ times

30c. Each time you ate **Melon seeds** during the Chinese New Year, how much did you usually eat?

(1) _____ Serving A

(2) _____ Serving B

(3) _____ Serving C

(4) _____ Serving D

(5) _____ g

(6) _____ oz

(7) _____ Tael

30d. How many times did you eat during the rest of the year?

(00) Never (Go to question 31)

(05) Don't know (Go to question 31)

(01) _____ times

30e. Each time you ate **Melon seeds** during the rest of the year, how much did you usually eat?

- (1) _____ Serving A
- (2) _____ Serving B
- (3) _____ Serving C
- (4) _____ Serving D
- (5) _____ g
- (6) _____ oz
- (7) _____ Tael

31. Glutinous rice dumplings

31a. Over the past 12 months, did you eat **Glutinous rice dumplings**?

- (00) No (Go to question 32)
- (05) Don't know (Go to question 32)
- (01) Yes

31b. How many times did you eat during the period of Dragon Boat Festival?

- (00) Never (Go to question 31d)
- (05) Don't know (Go to question 31d)
- (01) _____ times

31c. Each time you ate **Glutinous rice dumplings** during the period of Dragon Boat Festival, how much did you usually eat?

- (1) _____ Serving A
- (2) _____ g
- (3) _____ oz
- (4) _____ Tael

31d. How many times did you eat during the rest of the year?

- (00) Never (Go to question 32)
- (05) Don't know (Go to question 32)
- (01) _____ times

31e. Each time you ate **Glutinous rice dumplings** during the rest of the year, how much did you usually eat?

- (1) _____ Serving A
- (2) _____ g
- (3) _____ oz
- (4) _____ Tael

32. Longans

32a. Over the past 12 months, did you eat **Longans**?

- (00) No (Go to question 33)
- (05) Don't know (Go to question 33)
- (01) Yes

32b. How many times did you eat when in season?

- (00) Never (Go to question 32d)
- (05) Don't know (Go to question 32d)
- (01) _____ times

32c. Each time you ate **Longans** when in season, how much did you usually eat?

- (1) _____ Serving A
- (2) _____ g
- (3) _____ oz
- (4) _____ Tael

32d. How many times did you eat during the rest of the year?

- (00) Never (Go to question 33)
- (05) Don't know (Go to question 33)
- (01) _____ times

32e. Each time you ate **Longans** during the rest of the year, how much did you usually eat?

- (1) _____ Serving A
- (2) _____ g
- (3) _____ oz
- (4) _____ Tael

33. Lychees

33a. Over the past 12 months, did you eat **Lychees**?

- (00) No (Go to question 34)
- (05) Don't know (Go to question 34)
- (01) Yes

33b. How many times did you eat when in season?

- (00) Never (Go to question 33d)
- (05) Don't know (Go to question 33d)
- (01) _____ times

33c. Each time you ate **Lychees** when in season, how much did you usually eat?

- (1) _____ Serving A
- (2) _____ g
- (3) _____ oz
- (4) _____ Tael

33d. How many times did you eat during the rest of the year?

- (00) Never (Go to question 34)
- (05) Don't know (Go to question 34)
- (01) _____ times

33e. Each time you ate **Lychees** during the rest of the year, how much did you usually eat?

- (1) _____ Serving A
- (2) _____ g
- (3) _____ oz
- (4) _____ Tael

34. Baked mooncake

34a. Over the past 12 months, did you eat **Baked mooncake**?

- (00) No (Go to question 35)
- (05) Don't know (Go to question 35)
- (01) Yes

34b. How many times did you eat during the period of Mid-autumn Festival?

- (00) Never (Go to question 35)
- (05) Don't know (Go to question 35)
- (01) _____ times

34c. Each time you ate **Baked mooncake** during the period of Mid-autumn Festival, how much did you usually eat?

- (1) _____ Serving A
- (2) _____ Serving B
- (3) _____ Serving C
- (4) _____ g
- (5) _____ oz

35. Snowy mooncake

35a. Over the past 12 months, did you eat **Snowy mooncake**?

- (00) No (Go to question 36)
- (05) Don't know (Go to question 36)
- (01) Yes

35b. How many times did you eat during the period of Mid-autumn Festival?

- (00) Never (Go to question 36)
- (05) Don't know (Go to question 36)
- (01) _____ times

35c. Each time you ate **Snowy mooncake** during the period of Mid-autumn Festival, how much did you usually eat?

- (1) _____ Serving A
- (2) _____ Serving B
- (3) _____ g
- (4) _____ oz

36. Freshwater hairy crab/mitten crab

36a. Over the past 12 months, did you eat **Freshwater hairy crab/mitten crab**?

- (00) No (Go to Part 3)
- (05) Don't know (Go to Part 3)
- (01) Yes

36b. How many times did you eat when in season?

(00) Never (Go to Part 3)

(05) Don't know (Go to Part 3)

(01) _____ times

36c. Each time you ate **Freshwater hairy crab/mitten crab** when in season, how much did you usually eat?

(1) _____ Serving A

(2) _____ g

(3) _____ oz

(4) _____ Tael

Part 3: Dietary Supplement Intake Information

Do you take **dietary supplement**?

- (1) Yes (Go to question 1)
- (2) No
- (3) Don't know

1. Single vitamin

1a. Do you take **Single vitamin**?

- (1) Yes (Go to question 1b)
- (2) No (Go to question 2)

1b. How many times do you usually take **Single vitamin** in a week?
_____ time(s) (Go to question 2)

2. Single mineral

2a. Do you take **Single mineral**?

- (1) Yes (Go to question 2b)
- (2) No (Go to question 3)

2b. How many times do you usually take **Single mineral** in a week?
_____ time(s) (Go to question 3)

3. Vitamins and/or Minerals [Remarks: 2 or more; Including multivitamins/multiminerals]

3a. Do you take **Vitamins and/or Minerals**?

- (1) Yes (Go to question 3b)
- (2) No (Go to question 4)

3b. How many times do you usually take **Vitamins and/or Minerals** in a week?
_____ time(s) (Go to question 4)

4. Dietary fibre supplements

4a. Do you take **Dietary fibre supplements**?

- (1) Yes (Go to question 4b)
- (2) No (Go to question 5)

4b. How many times do you usually take **Dietary fibre supplements** in a week?
_____ time(s) (Go to question 5)

5. Protein/Amino acids supplements

5a. Do you take **Protein/Amino acids supplements**

(1) Yes (Go to question 5b)

(2) No (Go to question 6)

5b. How many times do you usually take **Protein/Amino acids supplements** in a week?

_____ time(s) (Go to question 6)

6. Oil or fatty acids supplements

6a. Do you take **Oil or fatty acids supplements**?

(1) Yes (Go to question 6b)

(2) No (Go to question 7)

6b. How many times do you usually take **Oil or fatty acids supplements** in a week?

_____ time(s) (Go to question 7)

7. Do you take other dietary supplement?

(1) Yes

(2) No

Part 4: Interview Information

1. Did you or the respondent have difficulty with this intake interview?

(0) No (1) Yes (Go to question 2)

2. What was the reason for the difficulty?

3. Interview completed with the help of other family members or someone else:

(0) No (1) Yes

- The End -