

致立法會衛生事務委員會委員：

現時政府提供的臨床心理服務明顯供不應求，所以有許多有需要人士要利用私人執業或非牟利團體提供的臨床心理服務。

本人畢業於城大CSPP臨床心理學博士課程，是美國心理學會正式會員。據我經驗，由於政府醫院缺乏臨床心理學家的資源，即使是緊急的個案，當中甚至有自殺危機的青少年病者，當政府醫院只能為他們提供每月一節的臨床心理服務的同時，我為這些個案提供每星期至少一節至二節的義務或低收費心理治療。我亦有聽聞有社工受青少年的家長委託，多次嘗試致電該醫院的臨床心理學家，但得不到任何回覆的情況。

我亦有同業在非牟利機構為非主流社群，例如跨性別人士，或一些疾病群組，如性沉溺，濫藥者，提供心理服務。這些群組，都是政府沒有資源可服務到的一羣。

現在已有一班具有國際執業資格的臨床心理學家，願意提供義務或低收費的臨床心理服務，彌補公共醫療系統的不足，為弱勢社群提供臨床心理服務，令到有需要的人士獲得適切治療。但認可醫療專業註冊先導計劃將會把這羣臨床心理學家排拒門外，正在接受服務的病人服務會受到中斷，是一個非常嚴重的盲點。

我本人畢業於城大CSPP四年制臨床心理學博士課程，共936小時課堂學習，比本地臨床心理學社會科學碩士課程多於457小時，修讀24個科目，比本地碩士課程多10個科目。四年共2600小時實習，比本地碩士課程多出的840小時。畢業生的資歷被香港學術及職業資歷評審局評估為相等於本地博士水平，實習機構對我們的能力及表現的評價亦是非常高（見附表）。

但香港心理學會臨床心理學組的方案，提出多項不合理的認證標準，強人所難。就算有博士學位，課堂學習及實習時數遠遠超過本地碩士課程，依然需要有心理學學士學位，又不承認私人執業經驗，更要求學位頒授及執業資格為同一國家。這些都是不可能於限期內達到的要求。

香港心理學會臨床心理學組的方案，差不多每一個所謂的標準，除對中大或港大的畢業生，差不多對其他學院畢業嘅畢業生的資格，都有主觀性case by case 的考慮。標準要客觀，case by case 就不是標準。如按照心理學組現時提出的方案，基本上可以被納入先導計劃專業名冊的城大CSPP博士課程畢業生幾乎是零。

而中文大學公共衛生及基層醫療學院，其職能在先導計劃的識務，並不包括評審任何臨床心理學訓練課程，因為他們不屬於臨床心理學嘅界別，沒有這個界別嘅專業知識。因此中大即將作出的認證建議，是無助解決當前的爭議。

我相信衛生署現有的AR機制，存在着一個結構性的缺陷。有必要加入第三方對臨床心理學有認識及經驗的認證專家，制定公平，公正的認證標準。

臨床心理學家
李坤璇博士
謹啟

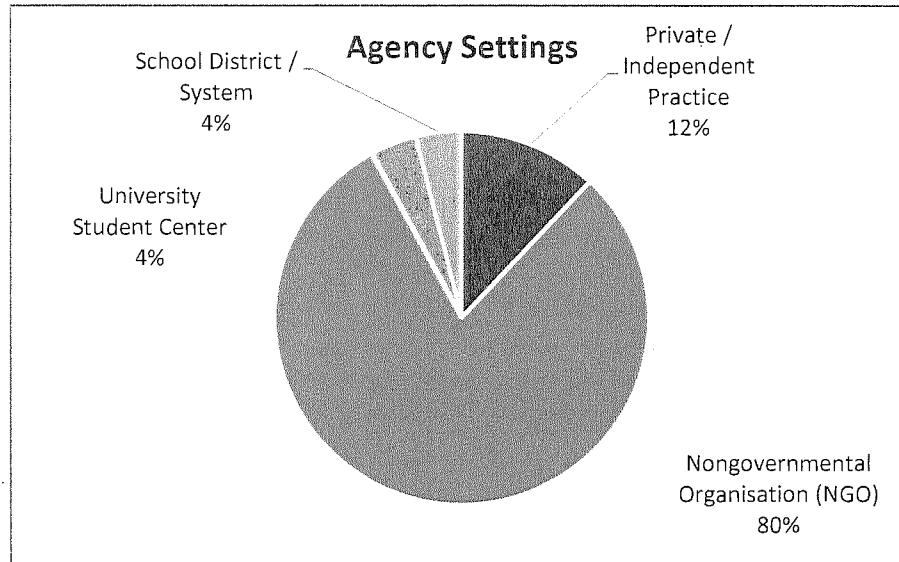


Agency Satisfaction Survey 2017-18

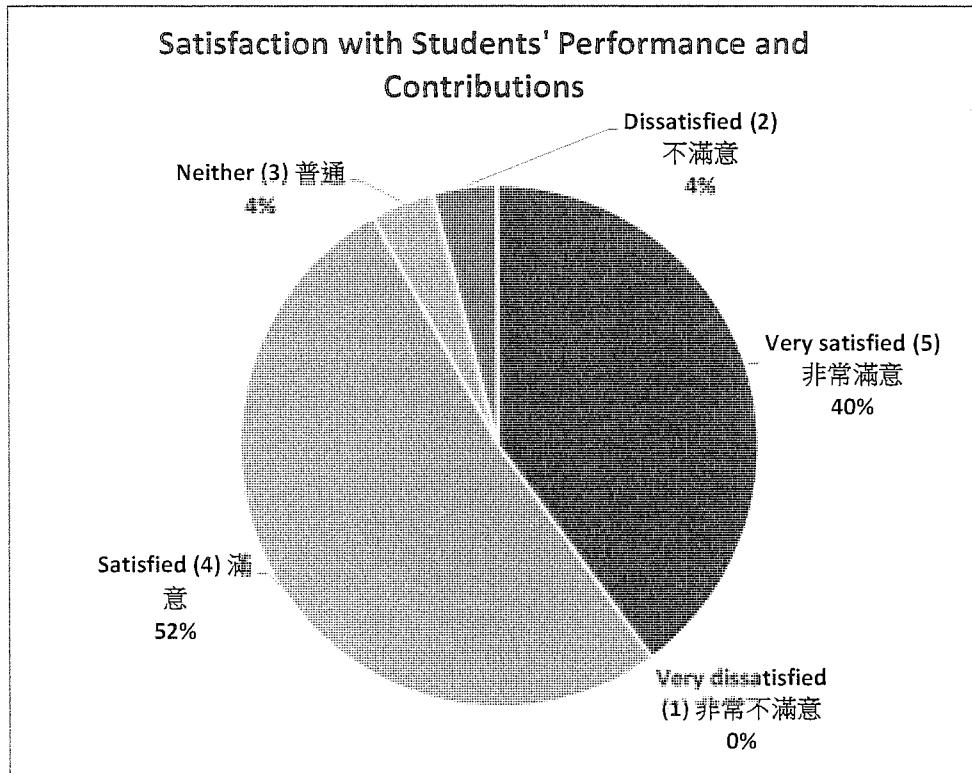
Executive Summary

The results of the 2017-18 Agency Satisfaction Survey, sent March 2018, yielded 25 responses, representing over 60% of our clinical placement sites. The key results include:

- Type of the agency setting

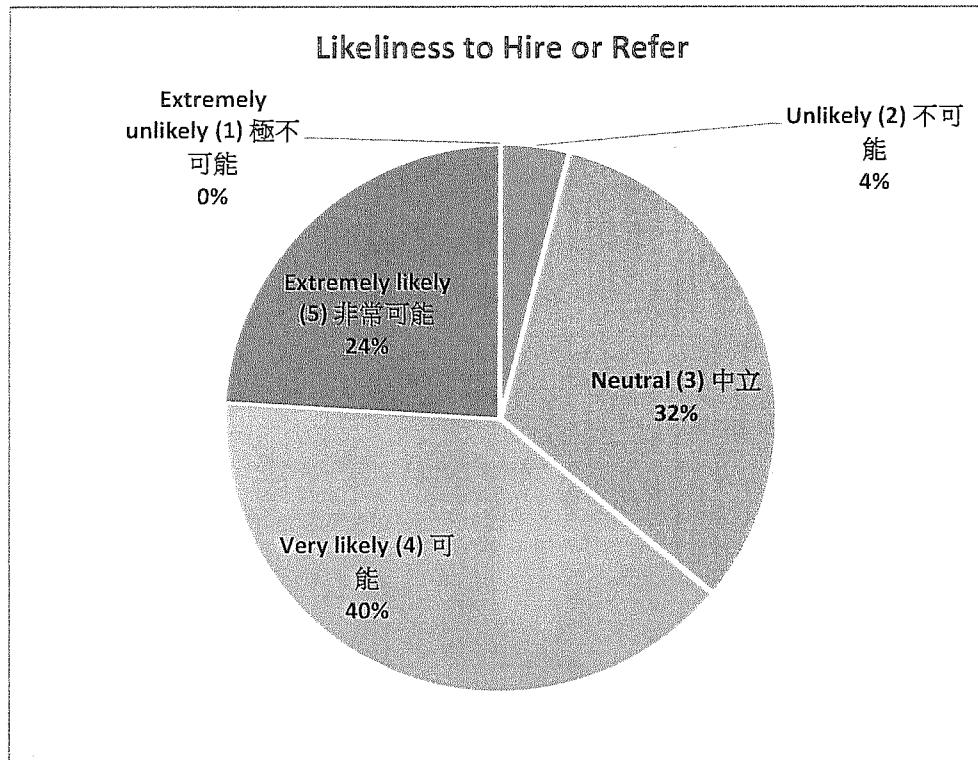


- Agency's overall satisfaction



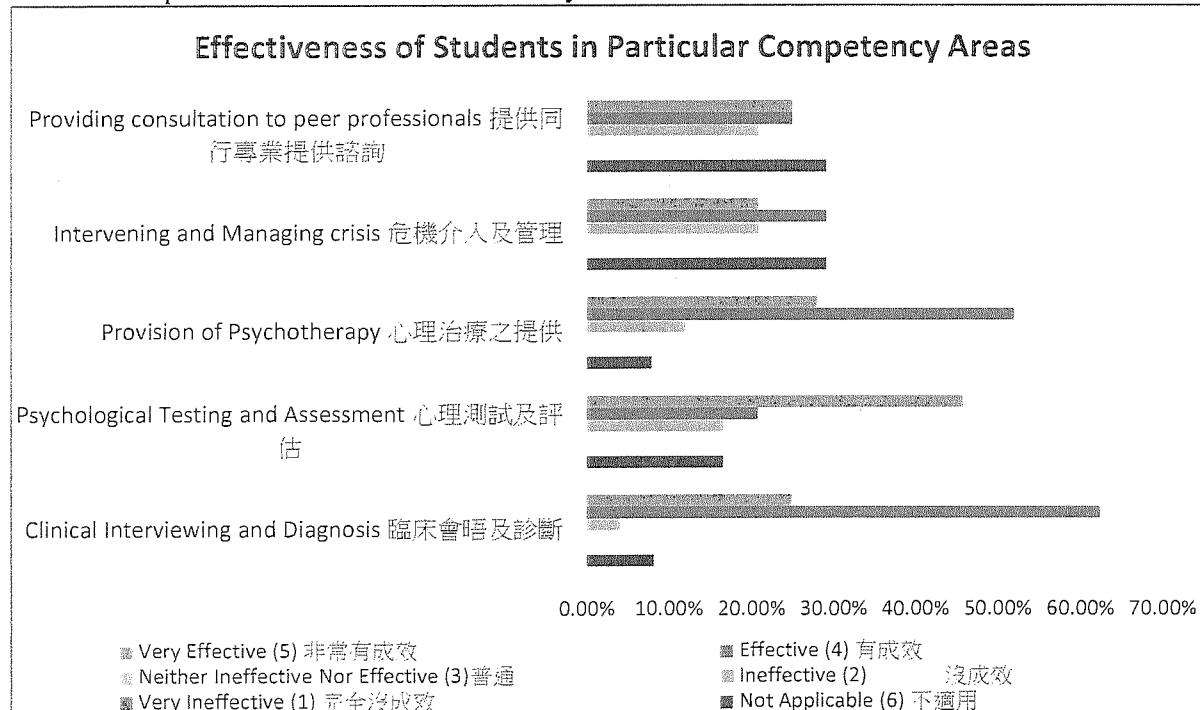


- Likeliness to hire CSPP-HK graduates or refer clients to them



- Competency of CSPP-HK Trainees

*No respondents rated students to be very ineffective or ineffective.





• Professionalism of CSPP-HK Trainees

Students Representation as Professional Clinical Psychologists in Specific Areas

Responsiveness (積極性): Ability to respond to feedback from supervisors. (能夠遵循督導的指示和以迅速和專業的方式回應機構的需求)



Technical Knowledge (技術知識): Demonstrating a wealth of knowledge in professional psychology to inform treatment and consultation. (展示豐富的…)



Problem Solving skills (解難能力): Showing good insights to clients' and agencies' problems and able to generate effective solutions. (對個案和機會的…)



Interpersonal skills (人際交往能力): demonstrating maturity, teamwork, and good interpersonal skills in their interactions with supervisors, colleagues, and...



Professionalism (專業性): presenting themselves in a professional, credible, and responsible manner. (以專業、可靠和負責任的態度展示自己)



0.00% 10.00% 20.00% 30.00% 40.00% 50.00% 60.00% 70.00% 80.00%

■ Excellent (5) 非常好 ■ Very Good (4) 很好 ■ Good (3) 好 ■ Fair (2) 一般 ■ Poor (1) 差

• Testimony from Agencies

- “實習學生有熱誠及專業輔導經驗，為專業同工提供非常專業諮詢服務！”
- “The students were usually helpful and took initiative in support of the service at units. Their contribution is much appreciated.”
- “All of the students who have had placements here have provided an invaluable contribution to our centre.”
- “They are very professional, knowledgeable and sensitive to the needs of clients.”
- “... They have serious requirements for students. Only direct contact hours are counted, and thus, students are very responsive to clients' need. Also, CSPP is willing to hear feedback from agency. They are so devoted to enhance psychological service in HK. and even open to offer free training to agency by its professor. As a matter of fact, students' supervisors are holders of PsyD. Such arrangement make us feel confident to let their students to handle cases with various psychological problems...”
- “The CSPP-HK students/interns demonstrated the breadth of knowledge that is expected of the trainees of their level of training (pre-doctoral). Most of them adapted to our site's demanding clientele and workload well and almost seamlessly in a relatively short time. They presented themselves with professionalism and tremendous work ethics....”
- “It's pity that the school is going to stop training clinical psychologists in Hong Kong, as some of the graduates have been found to be very competent in the service and their continual contribution can fill in the gap of inadequate professionals in the field. Hope the school will consider resuming the training in Hong Kong again someday.”