

Dear Lego Members,

**Re: Support The (AR) Scheme proposed by HKPS-DCP**

Concerning the captioned topics and discussion, I would like to raise my grave concern on the requirements of AR standard. I support the standard raised by the Hong Kong Psychological Society. I regarded that standards they suggested are comprehensive which have made a balance between three parties, namely 1) The public interest 2) The current practicing psychologists 3) The people who would like to join the field as a registered psychologist in future.

As a human helping another human, who is going through most difficult time in life, what made a psychologist differ from other people who can help patients to face their emotional needs, practice emotional regulation and find out their direction in lives? The development of the expertise of a psychologist required a long experiential process. During the process, a Clinical Supervisor works closely to help the trainee psychologists to unblock their internal struggles and identify their weakness within a safe work environment and supervisor-supervisee relationship. It is a most challenging part to both Clinical Supervisor and trainee psychologist; the outcome is based on whether a secure work relationship, and the mature skills of a Clinical Supervisor. It is not difficult to imagine a trainee psychologist would hide their fear and weakness in front of a Clinical Supervisor in view the latter who can fail them.

As a Clinical Supervisor from a renowned international organization (i.e. International Centre For Excellence in Emotionally Focused Therapy ) which provided high standard of training and certification for Couple Therapist, I fully supported the HKPS suggestion on the importance of receiving on-site supervision as a requirement for registration. To ensure a person who can help another person in terms of their emotional disturbance and painful

experience; the psychologists should have a higher level of stress tolerance capacity and able to contain high level of clients' emotional or behavioral challenges during the course of psychotherapy. Most importantly, Clinical Supervisor should help the trainee psychologists to take care of themselves after seeing difficult clients for preventing professional burn out. All these capacities are developed on face-to-face supervision content and would never be able to be proved by "self-report" or distant supervision.

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