



中華人民共和國香港特別行政區政府總部食物及衛生局
Food and Health Bureau, Government Secretariat
The Government of the Hong Kong Special Administrative Region
The People's Republic of China

Our Ref: FHB/H/18/45/4

Tel: 3509 8913

Your Ref:

Fax: 2840 0467

(Attn: Ms. Doris LO)
Clerk of Public Works Subcommittee
Legislative Council Secretariat
Legislative Council Complex,
1 Legislative Council Road,
Central, Hong Kong

28 January 2021

Dear Ms. LO,

**Follow-up Actions arising from Public Works Subcommittee Meeting on 6 January 2021
on Development of a District Health Centre at Caroline Hill Road Site**

In the Public Works Subcommittee meeting on 6 January 2021, further information on the services and facilities to be provided in the proposed Wan Chai District Health Centre (WCDHC) for the item “Development of a District Health Centre at Caroline Hill Road Site” was requested. Our reply is as below:

With reference to the Kwai Tsing DHC, the primary healthcare services provided by the WCDHC would focus on primary, secondary and tertiary prevention. Major services include:

Health Promotion

The DHC would strive to maximise reach, through physical or electronic channels, to offer personalised health information for the community. It would offer programmes to facilitate lifestyle changes and prevention of chronic diseases for members of the public. It would offer health advisory and counselling services provided by multi-disciplinary healthcare professionals. Examples of health promotion activities include smoking cessation counselling, alcohol prevention advice, exercise classes, fall prevention advice, talks on healthy diets, advice on management of diabetic and hypertension risks, etc. These activities are open for enrolment for all members of the public and referral/prior diagnosis are not required.

The DHC would also serve as a resource hub for providing healthcare service information to service users. The DHC would also refer members who are in need of other

individualised services (for example, smoking cessation services or vaccination) to Service Providers or other community partners in the network when necessary.

Health Risk Assessment and Screening

The DHC would offer basic health risk assessments to facilitate early identification of health risk factors of chronic diseases. Members with health risk factors identified may be referred to professional services including diet advice, drug counselling and/or other services as necessary.

Members of the public who are identified with health risk factors of target chronic diseases (i.e. Diabetes mellitus and Hypertension) after assessments would be referred to a DHC network doctors for further consultation and examination as needed so as to ascertain whether they are diagnosed with diabetic mellitus or hypertension.

Chronic Disease Management

Patients diagnosed by the DHC network doctors with hypertension, diabetes mellitus, or musculoskeletal problems (including knee pain, back pain) would be offered service packages based on reference clinical protocols to be developed by the Government, covering services such as medical follow-up advice, medical laboratory test, professional allied health service, acupuncture and point therapy, etc.

Community Rehabilitation

This service category targets patients who have suffered from stroke, hip/bone fracture or myocardial infarction and returned to the community after completing rehabilitation services in hospitals, but are in need of step-down care and rehabilitation services in the community. Patients would be referred to receive this package by the Hospital Authority (HA) or DHC network doctors, though it is expected that vast majority of cases would be referred by the HA.

The referring doctor would prescribe the rehabilitation treatment plan and the treatment goal to be achieved when making referral to the DHC. During the course of the programme, the referring doctor would review the treatment progress from time to time to facilitate the attainment of the rehabilitation goal. Apart from allied health services, rehabilitation programmes for patients with stroke would also cover services provided by Chinese Medicine Practitioners (acupuncture and point therapy).

To provide the above services, a rehabilitation zone (about 385m²) for physiotherapy and occupational therapy services, as well as an activity zone (about 140 m²) for exercise classes and health education workshops would be provided in the WCDHC. There would also be rooms for individual health assessments, counselling and treatments, as well as areas for health promotion and exhibitions.

In addition to the above facilities to be provided in the core centre of the WCDHC, as the primary healthcare hub in the district, the WCDHC would be complemented by satellite centres in the sub-districts of Wan Chai and a multi-disciplinary healthcare service network with multiple access and service points, formed by medical and healthcare practitioners in the district, with a view to providing person-centred primary healthcare services. Apart from providing direct services, the DHC will also coordinate other community partners which

provide social welfare and healthcare services in the district in order to provide referral and assistance to members in need.

Yours sincerely,

A handwritten signature in black ink, appearing to read 'Maisie', with a long horizontal flourish extending to the right.

(Ms Maisie HO)

for Secretary of Food and Health

c.c. Director of Architectural Services (Attn: Ms Renata Cheng)
Fax: 2530 3087