



中華人民共和國香港特別行政區政府總部食物及衛生局  
Food and Health Bureau, Government Secretariat  
The Government of the Hong Kong Special Administrative Region  
The People's Republic of China

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*Our Ref:* FHB/H/18/45/4

*Tel:* 3509 8528

*Fax:* 2102 2435

8 December 2020

Miss Maisie LAM  
Clerk to Panel  
Panel on Health Services  
Legislative Council Complex  
1 Legislative Council Road  
Central, Hong Kong  
(Fax: 2185 7845)

Dear Ms Lam,

**Panel on Health Services**  
**Development of a District Health Centre**  
**at the Caroline Hill Road Site**  
**Follow-up actions**

At the meeting on 13 November 2020, in relation to the item concerning “Development of a District Health Centre at the Caroline Hill Road Site”, the Panel on Health Services requested the Administration to provide supplementary information on the screening, health assessment and chronic disease management services provided by the Kwai Tsing District Health Centre (DHC). The information provided by the Food and Health Bureau is as follows –

Primary healthcare services provided in DHCs focus on primary, secondary and tertiary prevention. As regards health assessment,

screening, and chronic disease management, DHCs provide basic health risk assessments to all members to facilitate early identification of risk factors leading to chronic diseases. Members identified with health risks associated with the targeted chronic diseases (i.e. diabetic mellitus and hypertension) after assessments would be referred to a DHC network doctor for further consultation and examination so as to ascertain whether they are diagnosed with diabetic mellitus or hypertension.

Members diagnosed with diabetic mellitus and hypertension by network doctors of the DHC would be invited to join the Government's protocol-driven DHC chronic disease management programmes. These chronic disease management programmes are coordinated by care coordinators with professional nursing qualifications in accordance with the clinical needs of individual members. The programmes include free health coaching and drug consultation by pharmacists as well as individual allied health sessions with charges at a government-subsidized rate (including dietetic counselling by dietitians, weight management by physiotherapists, etc.). Care coordinators would follow up on the health conditions of members regularly and recommend them to attend community-based self-support groups to sustain the community support. Furthermore, annual medical follow-up consultations and relevant medical laboratory tests would be arranged to keep the chronic conditions of these members under monitoring.

On the other hand, members with health risk factors who are yet to be diagnosed with diabetic mellitus or hypertension would be referred by care coordinators to join health education or self-health management programmes under the DHC. These programmes would ensure that the members' health conditions are being self-managed and followed up with a view to reducing or delaying their chance of developing chronic diseases.

As for the breakdown of the projects estimates of the development of a DHC at the Caroline Hill Road Site, please refer to Annex.

Yours sincerely,

A handwritten signature in black ink, appearing to read 'Maisie', written in a cursive style.

(Ms Maisie HO)  
for Secretary for Food and Health

c.c. Director of Architectural Services (Attn: Ms Renata Cheng)  
Fax: 2530 3087

**Development of a District Health Centre at Caroline Hill Road Site  
Breakdown of Project Estimates**

|       |   | <b>\$ million</b>      |
|-------|---|------------------------|
|       |   | <b>(in MOD prices)</b> |
| (a)   | Foundation  | 5.9                    |
| (b)   | Building  | 72.8                   |
| (c)   | Building services   | 37.5                   |
| (d)   | Drainage  | 0.4                    |
| (e)   | Additional energy conservation, green and recycled features | 0.6                    |
| (f)   | On-cost payable to the Purchaser <sup>1</sup>               | 14.7                   |
| (g)   | Furniture and equipment (F&E) <sup>2</sup>                  | 20.9                   |
| (h)   | Contingencies   | 15.2                   |
| Total |   | <hr/> 168.0 <hr/>      |

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<sup>1</sup> The amount will cover the Purchaser's on-cost for design and construction supervision, which is estimated based on the average on-costs of similar outsourced projects of other government departments. The on-cost will be reimbursed to the Purchaser of the land on an actual cost basis.

<sup>2</sup> The estimated cost is based on an indicative list of F&E required.