

(Translation)

**Hon Holden CHOW's motion on
“Addressing the excessive use of Internet and electronic screen products
by children and adolescents”**

Wording of the Motion

That as a number of medical studies in recent years have confirmed that excessive and inappropriate use of the Internet and electronic screen products poses potential physical, psychological and mental health risks to the growth and development of children and adolescents, this Council urges the Government to step up efforts to publicize and promote the healthy use of the Internet and electronic screen products; raise the community's concern about the excessive use of the Internet and electronic screen products among children and adolescents by, for example, organizing a 'No Electronic Screen Products Day for Students' and other large-scale publicity activities; and encourage children and adolescents to participate more in extra-curricular activities and sports to establish a healthy lifestyle, so as to enable them to understand how to use the Internet and electronic screen products in a healthy and proper manner.